

Suggested Usage: 1 softgel per day or as directed by a health professional. Keep out of reach of children.

Natural Factors easy-to-swallow softgels contain unbleached whole lecithin, the natural phospholipid fraction of the soybean. Lecithin's primary active components are phosphatidylcholine, phosphatidylethanolamine and phosphatidylinositol. Used by the vital organs, lecithin is found concentrated in the brain, liver and kidneys. Its emulsifying property helps the body break down dietary fat.* Use of soy-sourced lecithin is an excellent way to increase the dietary intake of polyunsaturated fat without increasing the intake of saturated fat and cholesterol.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial preservatives, color or sweeteners; no corn, dairy, gluten, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272



Recyclable container and label.

**Purity & Potency
Guaranteed**

**natural
Factors®**

**Unbleached
Lecithin**

1200 mg

180 Softgels

**HELPS THE BODY EMULSIFY DIETARY FAT &
ABSORB FAT SOLUBLE VITAMINS***

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from fat	10	
Total Fat	1 g	2%‡
Unbleached Lecithin (soy)	1200 mg	**

‡ Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Softgel capsule (gelatin, glycerin, purified water).



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