

Max Isolate is a 100% premium whey protein isolate powder (delivering over 90% potency of pure protein). **Max Isolate** blends into a great tasting and refreshing shake supplying your body with superior quality and fast acting whey protein isolate fractions providing 20 grams of pure protein per serving with zero sugars, zero lactose, zero fat, zero gluten and very low sodium.

The whey protein isolate used in **Max Isolate** is manufactured by a gentle cold processed cross-flow, ultra-filtration and advanced microfiltration process. This modern and advanced purification process produces over 99% non-denatured amino acids, which yields more intact whey protein fractions rich in beta-lactoglobulins, alpha-lactalbumin, serum albumin, immunoglobulin, lactoferrin, and other individual bioactive peptides with many biological health benefits.†

Whey protein isolate contain a superior amino acid profile, are highly soluble in liquids and have a rapid absorption rate. In fact, since protein isolate is further purified into smaller protein chains primarily in the peptide form, these fractions are absorbed and assimilated rapidly, usually less than 1½ hours after ingestion (dependent on many physiological factors).

Whey protein isolate is a complete protein containing high concentrations of all nine essential amino acids including branched chain amino acids (BCAAs). BCAAs consist of leucine, valine and isoleucine which are readily converted as an energy source during stress, promote increased muscle protein synthesis and growth and may help delay fatigue during endurance exercise.†



Typical Amino Acid Profile of Max Isolate (Grams Per 25g Serving)

Amino Acid	g/25g Serving	Amino Acid	g/25g Serving
Alanine	1.37g	Serine	1.35g
Arginine	0.42g	Threonine [®]	2.11g
Aspartic Acid	2.60g	Tryptophan [®]	0.29g
Cystine/Cysteine	0.54g	Tyrosine	0.54g
Glutamic Acid/Glutamine	4.68g	Valine** [®]	1.25g
Glycine	0.44g		
Histidine [®]	0.37g		
Isoleucine** [®]	1.35g		
Leucine** [®]	2.34g		
Lysine [®]	2.33g		
Methionine [®]	0.52g		
Phenylalanine [®]	0.60g		
Proline	1.80g		

**Branched-Chain Amino Acid

[®]Essential Amino Acid – amino acid that cannot be made by the body.

For active individuals to achieve positive nitrogen balance, most experts recommend 1.5 – 2.0 grams protein per kilogram body weight.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



max Cross-Flow Ultrafiltration and Advanced Microfiltration Technology

ISOLATE

20g INSTANTIZED 100% WHEY PROTEIN ISOLATE

PROTEIN

0g

SUGAR

0g

FAT

36

SERVINGS



- Naturally Rich in the BCAAs
- Powerful Stimulator of Protein Synthesis Through mTOR Signaling Pathways †



Berry Blitz

Dietary Supplement • NET WT. 2 LBS (908 G)

Supplement Facts

Serving Size: 1 Scoop (25 g)
Servings Per Container: 36 (Approx.)

	Amount Per Serving	%Daily Value*
Calories	94	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	5 mg	1%
Sodium	41 mg	2%
Potassium	114 mg	3%
Total Carbohydrate	3 g	1%
Dietary Fiber	<1 g	2%
Sugars	0 g	
Protein	20 g	40%

Vitamin A 0% Vitamin C 94% Calcium 10% Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Whey protein isolate, citric acid, natural and artificial flavors (FD&C Blue No. 1), ascorbic acid, acesulfame potassium, sucralose sweetener.

Contains: Milk and Soy (Lecithin is used during the spray-drying process).

Manufactured in a facility that processes milk, egg, fish, Crustacean shellfish, tree nuts, wheat and soybeans.

DIRECTIONS: Mix 1 scoop with 8-10 ounces of cold water, milk, juice or any other beverage of your choice. Shake or stir slowly to avoid excessive foaming. Try adding more or less water to adjust sweetness. Increase serving size for higher protein content.
Suggested use before, during and after your workouts.

WARNING: Consult your physician before starting any diet and exercise program, and prior to using this product if you are pregnant, nursing, taking medication, under 16 years of age or have a medical condition. This product is intended for use as a food supplement only. Not a sole source of nutrition. Do not use this product for weight reduction. Very low calorie protein diets (below 400 calories per day) may cause serious illness or death. Stay well hydrated and drink at least 2 liters of water daily when using this product.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT.

ALWAYS KEEP TIGHTLY SEALED.



To report a serious adverse event, contact:
Max Muscle Sports Nutrition
210 W. Telf. Ave., Orange, CA 92665
www.maxmuscle.com

