

Supports Positive Emotional Health*

The Mood Take Care™ formula contains multiple extracts of St. John's Wort, widely recognized for its ability to safely and naturally support positive emotional health.* It delivers the synergistic phytonutrients from the whole St. John's Wort herb, including hyperforin and hypericins, that research links to uplifted feelings.* Mood Take Care combines both supercritical and hydroethanolic extracts to deliver the whole profile of these beneficial compounds. St. John's Wort is used by many to **support healthy mood and sleep**.* Our full-spectrum process extracts precious plant compounds to preserve Nature's full complexity, delivering super-pure, super-potent herbal extracts.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are taking a prescription medicine, check with a healthcare practitioner before using. St. John's Wort is not recommended for children, or for women who are nursing, pregnant, or considering pregnancy. Although phototoxicity in humans is rare, fair-skinned individuals should avoid excessive exposure to sunlight when using St. John's Wort (*Hypericum perforatum*). May potentiate pharmaceutical MAO-inhibitors. Use of *Hypericum perforatum* with pharmaceutical antiretrovirals such as protease inhibitors, non-nuclease reverse transcriptase inhibitors and other drugs that are similarly metabolized (such as birth control pills, digoxin, cyclosporine, blood thinners, chemotherapy drugs, asthma medications or drugs relating to the treatment of HIV) is not recommended and should be done only under the direct supervision of one's healthcare practitioner. Other potential side effects may include gastrointestinal symptoms, dizziness, tiredness and mild allergic reactions (skin rash).


NEWCHAPTER®
NON-GMO VERIFIED FORMULA



Mood take care™

Upliftment for Men and Women*

- Promotes balanced brain chemistry for positive emotional health*
- Supports healthy mood and sleep*

30 Softgels

DIETARY SUPPLEMENT



Supplement Facts

Serving size 2 Softgels Servings per container 15

Amount Per Serving	%DV
St. John's Wort	1170 mg •
(Hypericum perforatum) (flower) hydroethanolic extract and supercritical extract blend (min. 24 mg hyperforin and hypericins combined)	
• Daily Value not established	

Other ingredients: Capsule (Gelatin [Halal], vegetable glycerine, water and carob), extra-virgin olive oil, soy lecithin and yellow beeswax.

Contains: Soy

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For questions or comments call 888-874-4461
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Naturally gluten free; our premium softgel capsules are BSE free.

Suggested use: One softgel daily for the first week;
two softgels daily thereafter.

Get the *Whole Truth*! Sign up for our e-newsletter at:
newchapter.com/newsletter

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.