Recommended Use: Take 1-2 capsules with 12 oz. of water before each meal or as directed by a Healthcare professional. Not to exceed 6 capsules per day. As with all weight loss regimens, be sure to maintain a well balanced diet, and to take plenty of fiber and water.

Keen this bottle tightly closed in a cool, dry place away from direct heat, sunlight and moisture.

100% GUARANTEE: If not completely satisfied, return remainder of product and receipt to place of purchase within 30 days for WARNING: This product is not for use by anyone under the age of

immediate refund or exchange.

18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, overthe counter medication or supplements. Immediately discontinue use if any side effects occur, California Residents Proposition 65 Warning: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





UNIVERSAL NATURALS

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1300 mg

DIETARY FIBER\*

## BALANCED NUTRITIONAL FORMULAS

120 Capsules

Dietary Supplement

Supplement Facts

Serving Size 2 Capsules Servings Per Container 60 Amount Per Serving %DV Dietary Fiber 4%\* Chitosan

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value (DV) not established. processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat

Psyllium (husk)

Oat Bran (whole herb)

Contains shellfish (crab/shrimp shell), wheat,

MADE IN THE U.S.A. FORMULATED & MANUFACTURED BY:

Other Ingredients: Gelatin, magnesium stearate, dicalcium

phosphate Made in a GMP facility on equipment that



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150mg

150mg