

Suggested Use: Take 3 softgels daily, preferably with a meal, as a dietary supplement, or as directed by a physician.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols, Purified Water.

† As Ethyl Esters.

Contains: Fish (anchovy, mackerel, sardine).

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store at room temperature.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342

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**Super
EFA
Complex™**

*Heart
Support**

90 Softgels

Dietary Supplement

Supplement Facts

Serving Size 3 Softgels

Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	40	
Calories from Fat	30	
Total Fat	3.5 g	5%**
Polyunsaturated Fat	1.5 g	***
Monounsaturated Fat	0.5 g	***
Cholesterol	10 mg	4%
Protein	<1 g	2%**
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Fish Oil	1,200 mg (1.2g)	***
Provides 600mg of Total Omega-3 Fatty Acids† comprising of:		
EPA (Eicosapentaenoic Acid) (26.5-30%)		***
DHA (Docosahexaenoic Acid) (17-20%)		***
Other Fatty Acids		***
Organic Flaxseed Oil	1,200 mg (1.2g)	***
Typical Fatty Acid Profile:		
Omega-3 - Alpha Linolenic Acid (ALA) (45-58%)		***
Omega-6 - Linoleic Acid (11-18%)		***
Omega-9 - Oleic Acid (11-19%)		***
Borage Seed Oil	1,200 mg (1.2g)	***
Typical Fatty Acid Profile:		
Omega-6 - Linoleic Acid (35-42%)		***
Omega-6 - Gamma Linolenic Acid (GLA) 19%		***
Omega-9 - Oleic Acid (14-20%)		***

** Percent Daily Values are based on a 2,000 calorie per day diet.

*** Daily Value not established.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.