

Source: Conscious Brands™ LCA study on Guayaki Yerba Mate 2008 www.guayaki.com/impact



Reduce your carbon footprint
by drinking 8 oz. of Guayaki Yerba Mate

GROWING	PROCESSING	PACKAGING	TRANSPORT	GUAYAKI YERBA MATE
-437g	+110g	+5g	+36g	-286g
carbon reduced	carbon added	carbon added	carbon added	carbon reduced



Guayaki Yerba Mate is a high energy infusion made from the naturally caffeinated and nourishing leaves of the celebrated South American mate tree.

For centuries, South America's Aché Guayaki tribe have sipped yerba mate daily for its powerful rejuvenative effects*.

Guayaki's mission is to steward and restore 200,000 acres of South American Atlantic Rainforest and create over 1,000 living wage jobs by 2020 by leveraging our Market-Driven-Restoration Model*.

Our Traditional Mate is pleasantly rich with a full-flavored body, surprisingly soft on the palate, and complimented by earthy, woody aromas. Makes a delicious mate latté with your choice of milk and sweetener!

Coffee Maker / Espresso Maker:

Place ~1.5 tsp yerba mate per serving in the filter basket or portafilter, and brew normally. Adjust to desired strength.

French Press / Tea Pot / Strainer:

Add ~1.5 tsp yerba mate per serving to press/pot, and add freshly boiled water. Steep for 3-10 minutes.

Mate Latté: Add your favorite milk and sweetener to a cup of brewed yerba mate.

Tereré (Cold Mate): Brew a cup of hot mate, then add ice.

Storage: Store your mate in a dry, air tight container or in this package, away from direct heat and light.

GUAYAKI • BRAND • YERBA MATE COME TO LIFE

Supplement Facts

Serving Size: 1.5 tsp (3g)
Servings Per Container: about 76

Amount per serving %Daily Value

Calories 5

Total Carbohydrate 1g <1%

Organic Yerba Mate (leaf and stem) 3g †
(Contains ~40 mg Caffeine)

†Percent Daily Values are based on a 2000 calorie diet. Daily Value not established.

Other Ingredients: None.

Distributed by:
Guayaki Sustainable Rainforest Products, Inc.
6782 Sebastopol Ave. Suite 100
Sebastopol, CA 95472
Tel: (888) 482-9254 info@guayaki.com
Certified Organic by CCOF
Certified Fair Trade by IMO
Product of Argentina, Brazil, Paraguay

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TRADITIONAL Loose Leaf

Traditional Full Bodied Flavor

NET WT 8 OZ (227 G)

Dietary Supplement Naturally Caffeinated



- Supports focus & clarity
- Improves physical energy
- Traditionally used to support weight loss programs that include a balanced diet and exercise
- Contains antioxidants*
- Aids elimination*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



This package is produced from renewable, NON-G.M.O. wood pulp. Printed with water based inks. For more information, visit www.guayaki.com/packaging.