

Indications:† For temporary relief of nervous tension and helps relieve sleeplessness and restlessness with its natural properties.

Directions: Adults and children over 12 years of age (1) tablet, 3 times daily, and two (2) tablets at bedtime or as directed by a healthcare professional.

Instrucciones: Adultos y niños mayores de 12 años de edad (1) tableta, 3 veces al día, y dos (2) tabletas al acostarse o según indique un profesional de la salud.

No tome mas de 12 tabletas en un periodo de 24 horas.

En niños menores de 12 años de edad solo bajo dirección medica.

Do not take more than 12 tablets in a 24 hour period.

Children under 12 years of age as directed by a physician.

WARNINGS: KEEP OUT OF THE REACH OF CHILDREN. In case of accidental overdose, seek medical help or contact a Poison Control Center immediately. If you are pregnant or nursing consult your physician before use.

Keep bottle tightly closed. Store in a cool, dry place at controlled room temperature 15°-30°C (59° to 86°F).

Tamper Resistant - DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Stress Out®



**Natural
Formula**

Dietary Supplement

† For temporary relief of nervous tension and helps relieve sleeplessness and restlessness with its natural properties.

60 Tablets

SUPPLEMENT FACTS

Serving Size: 1 Tablet
Servings per container: 60

Amount Per Tablet	%	Daily Value
Calcium (as dicalcium phosphate)	30 mg	3%
Magnesium (as magnesium gluconate 65 mg)	3.2 mg	<1
Valerian Root Extract (Valeriana officinalis)	130 mg	*
Passion Flower (Passiflora incarnata)	130 mg	*
Chamomile Extract (Flower) (Matricaria chamomilla L.)	35 mg	*

*Daily Value not established

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, hydroxypropyl methylcellulose, titanium dioxide, triacetin, talc, FD&C Red # 40 Lake, FD&C Blue # 1 Lake, FD&C Red # 3

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