

WHY CHOOSE ELITE MASS?

- ✓ 54g of Sustained-Release Protein
- ✓ 11.5g of BCAAs
- ✓ 1,000mg of Creatine Monohydrate
- ✓ 9.9mg of Glutamine & Glutamic Acid*
- ✓ 250mg of CLA
- ✓ Advanced lipids including Sunflower & Medium Chain Triglycerides (MCTs)
- ✓ 100mg Zytrix Digestive Enzyme Blend
- ✓ 16 Vitamins and Minerals

Dymatize Elite Mass is the ultimate gainer formula designed to help you pack on maximum lean mass and recover from your intense workouts.* This cutting edge formula delivers 600 calories, complete with 54 grams of premium quality protein, lean lipids, complex carbohydrates, creatine monohydrate, BCAAs (branched chain amino acids), digestive enzymes, and a comprehensive vitamin and mineral blend! Everything you need to gain muscle and body size and to support a faster recovery from strenuous workouts.*

PREMIUM SUSTAINED-DELIVERY PROTEIN MATRIX: Elite Mass contains a special premium protein blend of cross-flow, microfiltered, cold-processed, whey protein isolate and concentrate, micellar casein (no inferior caseinates) and egg white protein. This protein blend has a superior amino acid profile and has been instantized for easy mixing without a blender yielding unbeatable bioavailability and digestibility.*

ADVANCED LIPID COMPLEX: Lipids are a highly concentrated energy source - more than double that of protein or carbohydrates and are a necessary component in muscle growth.* This scientific lipid blend, including medium chain triglycerides (MCTs), CLA, and Sunflower Oil is readily available muscle fuel only seen in Elite Mass.*

STRENGTH AND RECOVERY: To round out this high performance gainer we add creatine monohydrate. Creatine is one of the most studied and highly regarded nutrients to increase lean body mass and strength.* **Elite Mass** packs in 25 grams of Essential Amino Acids, 11.5 grams of the critical BCAAs (L-Leucine, L-Isoleucine and L-Valine), and 10 grams of Glutamine, all adding up to support real gains in strength and faster recovery.* Elite Mass will optimize the results of each strength-training workout while a complete vitamin and mineral profile helps to ensure your body gets the balanced nutrition it needs.*

Elite Mass will help you pack on the lean mass and develop the physique you've always wanted.* For optimal results, combine with a sensible diet and an intense training program.*

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION®

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DYMATIZE®
NUTRITION

ELITE MASS™

Hi-Protein Muscle Gainer



Advanced Digestive
Enzyme Matrix

PROTEIN

54
GRAMS

CALORIES

600
PER SERVING

BCAAs

11.5
GRAMS

**CREATINE
MONOHYDRATE**

1
GRAM

VANILLA MILKSHAKE

NATURALLY & ARTIFICIALLY FLAVORED



**DIETARY
SUPPLEMENT**

NET WT 6 LBS (2.72kg)

Supplement Facts

Serving Size: 3 scoops (150g)
Servings Per Container: About 18

Amount Per Serving		% Daily Value
Calories	600	
Calories from Fat	45	
Total Fat	5 g	8%*
Saturated Fat	2 g	10%*
Cholesterol	125 mg	42%*
Total Carbohydrate	75 g	25%*
Dietary Fiber	3 g	12%*
Sugars	8 g	
Protein	54 g	108%*
Vitamin A	1750 IU	35%
Vitamin C	51 mg	85%
Vitamin D	200 IU	50%
Vitamin E	18 IU	60%
Riboflavin	1.4 mg	82%
Niacin	9 mg	45%
Vitamin B6	0.9 mg	45%
Folate	120 mcg	30%
Biotin	135 mcg	45%
Pantothenic Acid	4.5 mg	45%
Calcium	550 mg	55%
Phosphorus	400 mg	40%
Zinc	6.75 mg	45%
Chromium	54 mcg	45%
Sodium	340 mg	14%
Potassium	640 mg	18%
Zytrix® Digestive Enzyme Blend (Protease, Lactase, Lipase)	100 mg	**
Conjugated Linoleic Acid (CLA)	250 mg	**
Creatine Monohydrate	1000 mg	**

* Percent Daily Values (% DV) are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Micellar Casein, Egg Albumin), Maltodextrin, Lipid Complex [Sunflower Creamer (Sunflower Oil, Maltodextrin, Micellar Casein, Sunflower Lecithin, Sodium Citrate, Natural Tocopherols and Calcium Phosphate), Medium Chain Triglycerides (MCTs)], Fiber Blend [Polydextrose, Soluble Corn Fiber, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan)], Natural and Artificial Flavor, Soy Lecithin, Vitamin & Mineral Blend (Sodium Ascorbate, d-Alpha-Tocopheryl Acetate, Biotin, Niacinamide, Zinc Oxide, Retinol Palmitate, Calcium D-Pantothenate, Cholecalciferol, Folic Acid, Pyridoxine Hydrochloride, Riboflavin, Maltodextrin, Chromium Chloride), Potassium Chloride, Sodium Chloride, Sucralose, Acesulfame Potassium, Stevia Leaf Extract.

Contains Egg, Milk and Soy.

Manufactured & Distributed by:
Dymatize Enterprises, LLC
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DYMATIZE.COM

SUGGESTED USE: As a dietary supplement, add 3 scoops of Dymatize Elite Mass to 16oz. of cold water or milk. Mix thoroughly. Use daily or as needed.

Note: Elite Mass is a highly concentrated lean gainer formulation. You may also consider taking half servings.

WARNING: Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. **KEEP OUT OF THE REACH OF CHILDREN.**
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

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TYPICAL AMINO ACID PROFILE PER SERVING

ESSENTIAL AMINO ACIDS

Leucine (BCAA)	5,480 mg
Isoleucine (BCAA)	3,170 mg
Valine (BCAA)	3,910 mg
Histidine	1,080 mg
Lysine	4,760 mg
Methionine	1,210 mg
Phenylalanine	2,260 mg
Threonine	3,190 mg
Tryptophan	840 mg

CONDITIONALLY ESSENTIAL

Glutamine & Glutamic Acid	8,920 mg
Arginine	1,580 mg
Cysteine	990 mg
Glycine	995 mg
Tyrosine	1,850 mg

NON-ESSENTIAL

Aspartic Acid	5,360 mg
Alanine	2,340 mg
Proline	4,110 mg
Serine	2,260 mg

✓ per serving



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