

WHY CHOOSE ELITE MASS?

- ✓ 54g of Sustained-Release Protein
- ✓ 11.5g of BCAAs
- ✓ 1,000mg of Creatine Monohydrate
- ✓ 9.9mg of Glutamine & Glutamic Acid*
- ✓ 250mg of CLA
- ✓ Advanced lipids including Sunflower & Medium Chain Triglycerides (MCTs)
- ✓ 100mg Zytrix Digestive Enzyme Blend
- ✓ 16 Vitamins and Minerals

Dymatize Elite Mass is the ultimate gainer formula designed to help you pack on maximum lean mass and recover from your intense workouts.* This cutting edge formula delivers 600 calories, complete with 54 grams of premium quality protein, lean lipids, complex carbohydrates, creatine monohydrate, BCAAs (branched chain amino acids), digestive enzymes, and a comprehensive vitamin and mineral blend! Everything you need to gain muscle and body size and to support a faster recovery from strenuous workouts.*

PREMIUM SUSTAINED-DELIVERY PROTEIN MATRIX: Elite Mass contains a special premium protein blend of cross-flow, microfiltered, cold-processed, whey protein isolate and concentrate, micellar casein (no inferior caseinates) and egg white protein. This protein blend has a superior amino acid profile and has been instantized for easy mixing without a blender yielding unbeatable bioavailability and digestibility.*

ADVANCED LIPID COMPLEX: Lipids are a highly concentrated energy source - more than double that of protein or carbohydrates and are a necessary component in muscle growth.* This scientific lipid blend, including medium chain triglycerides (MCTs), CLA, and Sunflower Oil is readily available muscle fuel only seen in Elite Mass.*

STRENGTH AND RECOVERY: To round out this high performance gainer we add creatine monohydrate. Creatine is one of the most studied and highly regarded nutrients to increase lean body mass and strength.* **Elite Mass** packs in 25 grams of Essential Amino Acids, 11.5 grams of the critical BCAAs (L-Leucine, L-Isoleucine and L-Valine), and 10 grams of Glutamine, all adding up to support real gains in strength and faster recovery.* Elite Mass will optimize the results of each strength-training workout while a complete vitamin and mineral profile helps to ensure your body gets the balanced nutrition it needs.*

Elite Mass will help you pack on the lean mass and develop the physique you've always wanted.* For optimal results, combine with a sensible diet and an intense training program.*

YOUR AMBITION. OUR NUTRITION.™

DYMATIZE NUTRITION®

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DYMATIZE®
NUTRITION

ELITE MASS™

Hi-Protein Muscle Gainer



Advanced Digestive
Enzyme Matrix

PROTEIN
54
GRAMS

CALORIES
600
PER SERVING

BCAAs
11.5
GRAMS

CREATINE
1
GRAM

DOUBLE CHOCOLATE

NATURALLY & ARTIFICIALLY FLAVORED



**DIETARY
SUPPLEMENT**

NET WT 6 LBS (2.72kg)

Supplement Facts

Serving Size: 3 scoops (150g)
Servings Per Container: About 18

Amount Per Serving		% Daily Value
Calories	600	
Calories from Fat	45	
Total Fat	5 g	8%*
Saturated Fat	2 g	10%*
Cholesterol	125 mg	42%*
Total Carbohydrate	75 g	25%*
Dietary Fiber	3 g	12%*
Sugars	8 g	
Protein	54 g	108%*
Vitamin A	1750 IU	35%
Vitamin C	51 mg	85%
Vitamin D	200 IU	50%
Vitamin E	18 IU	60%
Riboflavin	1.4 mg	82%
Niacin	9 mg	45%
Vitamin B6	0.9 mg	45%
Folate	120 mcg	30%
Biotin	135 mcg	45%
Pantothenic Acid	4.5 mg	45%
Calcium	550 mg	55%
Phosphorus	400 mg	40%
Zinc	6.75 mg	45%
Chromium	54 mcg	45%
Sodium	450 mg	19%
Potassium	800 mg	23%
Zytrix® Digestive Enzyme Blend (Protease, Lactase, Lipase)	100 mg	**
Conjugated Linoleic Acid (CLA)	250 mg	**
Creatine Monohydrate	1000 mg	**

* Percent Daily Values (% DV) are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Protein Blend (Whey Protein Concentrate, Milk Protein Isolate, Whey Protein Isolate, Micellar Casein, Egg Albumin), Maltodextrin, Cocoa (Processed with Alkali), Lipid Complex [Sunflower Creamer (Sunflower Oil, Maltodextrin, Micellar Casein, Sunflower Lecithin, Sodium Citrate, Natural Tocopherols and Calcium Phosphate), Medium Chain Triglycerides (MCTs)], Natural and Artificial Flavors, Fiber Blend [Soluble Corn Fiber, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Polydextrose], Potassium Chloride, Sodium Chloride, Soy Lecithin, Vitamin & Mineral Blend (Sodium Ascorbate, d-Alpha-Tocopheryl Acetate, Biotin, Niacinamide, Zinc Oxide, Retinol Palmitate, Calcium D-Pantothenate, Cholecalciferol, Folic Acid, Pyridoxine Hydrochloride, Riboflavin, Maltodextrin, Chromium Chloride), Sucralose, Acesulfame Potassium, Stevia Leaf Extract.

Contains Egg, Milk and Soy.

Manufactured & Distributed by:
Dymatize Enterprises, LLC
Dallas, TX 75234 USA
(888) 334-LEAN / (214) 445-4864
DYMATIZE.COM

SUGGESTED USE: As a dietary supplement, add 3 scoops of Dymatize Elite Mass to 16oz. of cold water or milk. Mix thoroughly. Use daily or as needed.

Note: Elite Mass is a highly concentrated lean gainer formulation. You may also consider taking half servings.

WARNING: Consult with a physician prior to use if you have any medical conditions. Do not use if pregnant or lactating. Use only as directed. **KEEP OUT OF THE REACH OF CHILDREN.**
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

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TYPICAL AMINO ACID PROFILE PER SERVING

ESSENTIAL AMINO ACIDS

Leucine (BCAA) 5,480 mg

Isoleucine (BCAA) 3,170 mg

Valine (BCAA) 3,010 mg

Histidine 1,080 mg

Lysine 4,760 mg

Methionine 1,210 mg

Phenylalanine 2,260 mg

Threonine 3,190 mg

Tryptophan 840 mg

CONDITIONALLY ESSENTIAL

Glutamine & Glutamic Acid 8,920 mg

Arginine 1,580 mg

Cysteine 990 mg

Glycine 995 mg

Tyrosine 1,850 mg

NON-ESSENTIAL

Aspartic Acid 5,360 mg

Alanine 2,340 mg

Proline 4,110 mg

Serine 2,260 mg

✓ per serving



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