

TopCare®

Supports breast & bone health**

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CENTURY ULTIMATE WOMEN'S Multivitamin/Multimineral Supplement utilizes current nutritional science. This formula supplies key nutrients in a complete* multivitamin, specially formulated for women.



Women's Health



Immune Support**



Energy Metabolism**



Skin, Hair & Nail Health**

*31 Nutrients

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Science suggests vitamin D helps to support breast health.**

Calcium and vitamin D help build & maintain strong bones.**

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This TOP CARE® product is laboratory tested to guarantee its highest quality. Your total satisfaction is guaranteed.

31 NUTRIENTS

CENTURY ULTIMATE WOMEN'S MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

actual size

100 TABLETS

COMPARE TO CENTRUM® ULTRA WOMEN'S ingredients††

Women's Health

CENTURY ULTIMATE WOMEN'S is specially formulated with key nutrients to help meet a woman's nutritional needs.

Immune Support

Antioxidants help support immune function**

Energy Metabolism

B-vitamins help convert food to fuel**

Skin, Hair & Nail Health

Helps maintain healthy skin, hair and nails with biotin, beta-carotene, zinc, vitamins A, C and E**



GLUTEN FREE

††This product is not manufactured or distributed by Wyeth Consumer Healthcare, marketer of Centrum® Ultra Women's.

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Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3500 IU (29% as beta-carotene)	70%	Iodine 150 mcg	100%
Vitamin C 75 mg	125%	Magnesium 100 mg	25%
Vitamin D 800 IU	200%	Zinc 8 mg	53%
Vitamin E 35 IU	117%	Selenium 55 mcg	79%
Vitamin K 50 mcg	63%	Copper 0.9 mg	45%
Thiamin 1.1 mg	73%	Manganese 1.8 mg	90%
Riboflavin 1.1 mg	65%	Chromium 25 mcg	21%
Niacin 14 mg	70%	Molybdenum 50 mcg	67%
Vitamin B6 2 mg	100%	Chloride 72 mg	2%
Folic Acid 400 mcg	100%	Potassium 80 mg	2%
Vitamin B12 6 mcg	100%	Boron 150 mcg	*
Biotin 40 mcg	13%	Nickel 5 mcg	*
Pantothenic Acid 15 mg	150%	Silicon 2 mg	*
Calcium 500 mg	50%	Tin 10 mcg	*
Iron 18 mg	100%	Vanadium 10 mcg	*
Phosphorus 20 mg	2%		

*Daily Value (DV) not established.

INGREDIENTS: CALCIUM CARBONATE, MAGNESIUM OXIDE, POTASSIUM CHLORIDE, DICALCIUM PHOSPHATE, ASCORBIC ACID (VIT. C), MICROCRYSTALLINE CELLULOSE, ACID, FERROUS FUMARATE, D-ALPHA-TOCOPHERYL ACETATE (VIT. E), POLYVINYL ALCOHOL, STEARIC ACID, CROSSCARMELLOSE, SODIUM, CALCIUM PANTOTHENATE, TALC, NACINAMIDE, TITANIUM DIOXIDE, CALCIUM SULFATE, MAGNESIUM STEARATE, ZINC OXIDE, POLYETHYLENE GLYCOL, SILICON DIOXIDE, MANGANESE SULFATE, LECITHIN, PYRIDOXINE HYDROCHLORIDE (VIT. B6), COPPER SULFATE, SODIUM BORATE, THIAMIN MONONITRATE (VIT. B1), VITAMIN A-ACETATE (VIT. A), RIBOFLAVIN (VIT. B2), BETA-CAROTENE, FOLIC ACID, FOLIC ACID, CHROMIUM PICCOLINATE, POTASSIUM OXIDE, SODIUM SELENATE, SODIUM MOLYBDATE, PHYTONADIONE (VIT. K), SODIUM METASILICATE, BIOTIN, FOLIC ACID #2 LAKE, NICKEL SULFATE, SODIUM METAVANADATE, STANNOUS CHLORIDE, CHOLECALCIFEROL (VIT. D3), CHROMIUM ALUMIN (VIT. B12), FOLIC ACID #2 LAKE. CONTAINS: SOY

SUGGESTED USE: Adults - Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use. As with any supplement, if you are pregnant or nursing a baby, if you are taking medication or have a medical condition, ask a doctor before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Store at room temperature. Keep bottle tightly closed.

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