

Suggested Use: For adults, take 6 capsules daily with juice or other glucose containing liquid, as a dietary supplement, or as directed by a physician. Take this product with an adequate fluid intake.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician. Avoid this product if you have kidney disease. Not intended for use by persons under the age of 18.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Best if used by date on bottle. Store at room temperature.

KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Lot# ????????

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Dietary Supplement

120 Capsules

Creatine

Supplement Facts

Serving Size 6 Capsules

Servings Per Container 20

Amount Per Serving	% Daily Value
HPLC Pure Creatine Monohydrate	4,200 mg (4.2 g) *

* Daily Value not established.

Other Ingredients: Gelatin. **Contains <2% of:** Silica, Vegetable Magnesium Stearate.

Distributed by: Indiana Botanic Gardens, Inc.

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