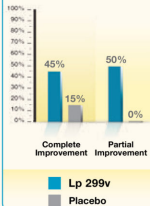


**Jarrow**  
FORMULAS

## Improvement In Intestinal Discomfort\*†



† The controlled, double-blind, randomized study by Niedzielin et al. evaluating Lp 299v vs. placebo was done on 40 subjects affected by bloating, gas and intestinal discomfort.\*

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Ideal Bowel Support®

**299v™**  
*L. plantarum* 299v



**Reduces Bloating, Gas  
and Intestinal Discomfort\***

**Supports Regularity\***

**Dairy-Free  
Gluten-Free**



**10  
BILLION  
PER CAPSULE**

**30  
CAPSULES**

**PROBIOTIC  
SUPPLEMENT**

**Recommended Use:** Take 1 capsule 1 or 2 times per day with a meal or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Ideal Bowel Support® 299v™** contains a clinically-documented, human-origin probiotic strain, *L. plantarum* 299v, that resists stomach acid and bile salts and demonstrated specific adherence properties for colonization of human intestinal mucosa. *L. plantarum* 299v has been used in human clinical studies for intestinal health and function.\*

Each capsule contains a minimum of 10 billion *L. plantarum* 299v viable cells at or below room temperature (77°F) and within the Best Used Before date.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

|                                     | Amount Per Serving      | % DV |
|-------------------------------------|-------------------------|------|
| <i>Lactobacillus plantarum</i> 299v | 10 Billion Viable Cells | †    |

† Daily Value not established.

Other Ingredients: Potato starch and magnesium stearate (vegetable source). Vegetarian capsule consists of hydroxypropylmethylcellulose.

**Contains:** Soy (in trace amounts).

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

**NOTE:** Color of product naturally varies from white to tan.

Store in a dry and cool place. Does not require refrigeration, although refrigeration will further ensure shelf life.

**Suitable for vegetarians/vegans.**

**Jarrow Formulas® puts the "PRO" in probiotics®**

**Dairy-Free • Gluten-Free**



**MADE IN CANADA**

**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
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PROD # 103028



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