

DIRECTIONS: Add 1 scoop of powder to 6 oz. of water or juice. Mix or blend until smooth. Take as a dietary supplement or as directed by your qualified healthcare professional.

NOTE: Packaged with desiccant. DO NOT eat or swallow the desiccant. If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Scientific studies confirm that phytonutrients such as chlorophyll, polyphenols, carotenoids and other antioxidants help support the body's antioxidation defense.* **Green Defense®** is rich in phytonutrients that help support the body's self-defense mechanisms, detoxify and nourish the body and assist in the achievement of total well being.*

Green Defense® provides an array of nature's best ingredients:

- Antioxidants, including the stilbene **resveratrol** from tiger cane root (*Polygonum cuspidatum*) along with polyphenols from **green tea, grape seed** and **citrus**.
- **Metabolin®** probiotic metabolites (a rich source of organic acids, polysaccharides and natural bacteriocins) to help balance the intestinal microflora and promote detoxification.*
- Fibers from **apple, rice bran, gum acacia** and **FOS** (FructoOligoSaccharides) to promote the growth of good bacteria and enhance detoxification.*

No refined sugars or artificial flavors.

Keep out of the reach of children.

Suitable for vegetarians/vegans.

ORAC Value (Oxygen Radical Absorbance Capacity) > 2100/Serving

Oxyphyte® is a registered trademark of RFI, LLC.

NOTE: Appearance of the product may vary due to the nature of the plant ingredients.

Packaged by weight, not by volume.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS®

Green Defense®

Supports Detoxification* and Promotes Natural Defense*

NET WEIGHT

6.35 oz (180 g)
POWDER

DIETARY
SUPPLEMENT



Probiotic Metabolites
Antioxidants
Phytonutrients

Supplement Facts

Serving Size Approx. 6 g (1 Scoop)

Servings Per Container 30

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Calories 25		Total Carbohydrate 5 g	2%
Total Fat < 1 g	0%	Fiber 3 g	12%
Saturated Fat 0 g	0%	Sugars 2 g	
Trans Fat 0 g		Protein <1 g	
Cholesterol 0 mg	0%	Sodium 10 mg	0%
		Amount Per Serving	% DV*
		Grasses and Algae 2780 mg	†
		Organic Barley Grass Powder (<i>Hordeum vulgare</i>)	
		Organic Wheat Grass Powder (<i>Triticum aestivum</i>)	
		Organic Oat Grass Powder (<i>Avena sativa</i>)	
		Organic Quinoa Powder (<i>Chenopodium quinoa</i>)	
		Organic Spirulina Powder (<i>Spirulina platensis</i>)	
		Vegetables 1170 mg	†
		Spinach Juice Powder (<i>Spinacia oleracea</i>)	
		Broccoli Juice Powder (<i>Brassica oleracea</i>)	
		Tomato Juice Powder (<i>Solanum lycopersicum</i> linn'e)	
		Beet Root Juice Powder (<i>Beta vulgaris</i>)	
		Botanicals 310 mg	†
		Tiger Cane Root Extract [<i>Polygonum cuspidatum</i>] (20% Resveratrol)	
		Quercetin (from <i>Dimorphandra mollis</i>)	
		Milk Thistle Extract (<i>Silybum marianum</i>)	
		Citrus Bioflavonoids	
		Ginger Extract (<i>Zingiber officinale</i>)	
		Green Tea Extract (<i>Camellia sinensis</i>)	
		Grape Seed Extract (90% polyphenols) (<i>Vitis vinifera</i>)	
		Ginkgo Biloba Extract (<i>Ginkgo biloba</i>)	

Amount Per Serving	% DV*
Fibers 1220 mg	†
Organic Gum Acacia	
Rice Bran Powder	
Apple Fiber	
Nutra FOS (FructoOligoSaccharides)	
Probiotic Metabolites 60 mg	†
Metabolin® (<i>Propionibacterium shermanii</i>)	

* % DV based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Soy lecithin, soluble tapioca starch, natural green tea flavor and Lo Han Guo (*Siraitia grosvenorii*).

Contains: Soy (lecithin) & wheat (from wheat grass).

No dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



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Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35894
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www.Jarrow.com

PROD # 117010



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