

Supplement Facts

Serving Size 3 Capsules Servings Per Container 70

Amount Per Serving	%DV	Amount Per Serving	%DV
Niacin (as niacinamide)	50mg 250%	Potassium Phosphate	**
Carnosyn® Beta Alanine	2000mg **	Sodium Phosphate	**
Beta Ala™	150mg	Citulline Malate	**
Proprietary Buffering Formula		L-Histidine	**
N-Acetyl Cysteine	**	Na-R-Alpha Lipic Acid (Na-R-ALA)	**
Dimagnesium Phosphate	**	Glucosaminolactone	**

**Daily Value (DV) not established.

OTHER INGREDIENTS: Maltodextrin, gelatin, magnesium stearate. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DIAGNOSIS: Use as a dietary supplement to achieve maximum benefits. Take 3 capsules twice daily, at least 4 hours apart. On workout days one dose should be taken prior to working out.

NOTE: A slight skin flushing can sometimes occur at high doses. This effect is harmless and goes away by lowering the dose. Licensed under one or more of U.S. Pat. Nos. 5,905,596; 6,426,361 and 7,504,376, each of which is owned by Natural Alternatives International, Inc. (NAI). NAI is also the owner of the registered trademark CarnoSyn®.

WARNING: This product is not for use by any individual under the age of 18. Please consult with a physician before using this product. Do not take this product if you have or are at risk for any medical condition or disease including but not limited to diabetes, asthma, depression, recurrent headaches, glaucoma, difficulty urinating, prostate enlargement, seizure disorder, high blood pressure, high cholesterol, arthritis, heart disease, stroke, are pregnant, or are suffering from any inflammatory diseases. Be sure to talk to your physician before using this product if you are using any prescription drug, over-the-counter medication, or supplements. Not for use by children, patients, pregnant or nursing women. Immediately discontinue use and consult your physician if dizziness, sleeplessness, tremors, nervousness, agitation, headache, heart palpitations, or any side effects occur. Discontinue use two weeks prior to surgery. The use of this product may be banned by some athletic associations. Athletes should consult with their sanctioning authority before use. California Residents Proposition 65 Warning: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Exercise good judgment and keep this out of reach of children. Store this product in a cool, dry place, away from heat, moisture and sunlight. Do not exceed recommended dose.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Plant #0001 104000



MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:
Universal Nutrition
New Brunswick, New Jersey 08901
888-USA-8701 • 732-545-2130
www.UniversalUSA.com

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BETA ALA 9™

Muscle Buffering Supplement

210 Capsules

Clinically-Proven Ergogenic Formula

| Delayed Muscle Fatigue

| Increased Endurance & Strength

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Universal Nutrition's Beta Ala™ combines beta alanine and 8 additional key support nutrients. Beta Ala™ aids muscles and helps ensure that they are working at optimum levels to enhance muscle cell buffering while also combating dreaded free radical production.* **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

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