

Suggested usage: 1 tablet per day or as directed by a health professional. Keep out of the reach of children.

Folic acid is used for the production of DNA and red blood cells, making it essential during pregnancy for normal fetal development.* It supports brain and nervous system function and benefits mental health.* Folic acid is also needed for protein metabolism and may support cardiovascular health.*

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no dairy, starch, sugar, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, animal products, salt, tree nuts, or GMOs. Suitable for vegetarians/vegans. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

**Purity & Potency
Guaranteed**



Recyclable container and label.

**natural
Factors®**

Folic Acid

1000 mcg

90 Tablets

**SUPPORT FOR THE NERVOUS &
REPRODUCTIVE SYSTEMS***

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (dicalcium phosphate)	27 mg	2%
Folic Acid	1000 mcg	250%

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, magnesium stearate (vegetable grade).

