

Joint health is affected by many factors including heredity, gender, sports activities and weight. Both Glucosamine Sulfate and Chondroitin Sulfate are key structural components in cartilage.* Extra Strength Glucosamine Chondroitin Complex plays an important role in the maintenance of joint cartilage.* Extra Strength Glucosamine Chondroitin Complex also contains Vitamin C for collagen formation and Manganese, a mineral necessary for normal skeletal development.* Extra Strength Glucosamine Chondroitin Complex is perfect for anyone seeking maximum joint support supplementation.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our
money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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NATURE'S BOUNTY®

EXTRA STRENGTH

Glucosamine
Chondroitin

COMPLEX

Promotes Joint Health*



COATED
FOR EASY
SWALLOWING

PROUD SPONSOR
of the



Nature's Bounty, the maker of Extra Strength Glucosamine Chondroitin Complex, is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-568-4045 or www.arthritis.org

120 TABLETS

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take three (3) tablets daily, preferably one (1) tablet with each meal. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%**
Protein	<1 g	1%**
Vitamin C (as Ascorbic Acid)	500 mg	833%
Manganese (as Manganese Sulfate)	5 mg	250%
Sodium	50 mg	2%
Glucosamine Chondroitin Complex (Glucosamine Sulfate • 2KCl, Chondroitin Sulfate, Vitamin C)	3,500 mg (3.5 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscovidone, Cellulose Coating, Silica, Vegetable Magnesium Stearate, Titanium Dioxide Color, Caramel Color.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.

Carefully Manufactured by NATURE'S BOUNTY, INC.
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