

Suggested Use: As a dietary supplement, take one (1) capsule three times daily with 8 oz of water before meals or as directed by a health care practitioner. Capsules may be opened and mixed with 8 oz of water if desired.

Indicación: Como suplemento dietético, tomar uno (1) cápsula tres veces al día con 8 onzas de agua antes de las comidas o como lo indique un profesional de la salud. Las cápsulas pueden abrirse y mezclarse con 8 onzas de agua si se desea.

Description: Only Natural's Apple Cider Vinegar is made with the highest quality apple cider vinegar powder. Apple Cider Vinegar may help support healthy blood pressure, cholesterol and glucose levels, which contributes to weight management.* Apple Cider Vinegar is rich in potassium and enzymes, which helps promote digestion and ph balance.*

Nutrition Questions or Comments?
Call Only Natural Inc. at 516-897-7001
Mon. - Fri. 9 AM - 5 PM EST
For healthy tips and product
information visit us at:
www.onlynaturalinc.com

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

ONLY NATURAL
Est.1986

Apple Cider Vinegar



Dietary Supplement • 90 Capsules

Supplement Facts

Serving Size: One (1) Capsule

Each serving supplies	% Daily Value
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Apple Cider Vinegar Powder	500 mg	**
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**Daily value not established
% Daily value based on 2,000 calorie diet

Additional Ingredients: Silica, Gelatin (Bovine) and Vegetable Stearate

Each capsule equals approximately 2 1/2 teaspoons of Apple Cider Vinegar

GUARANTEED FREE OF:
artificial flavor & color, corn, dairy,
preservatives, salt, silica, soy, starch,
sugar, wheat, yeast

STORE IN A COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN
TAMPER RESISTANT - DO NOT USE
IF SEAL IS DAMAGED OR MISSING

upc
7-27413-00740-1

Only Natural, Inc.
Island Park, NY 11558 U.S.A.

**Made in
USA**

Exp. date / Lot #