

**Suggested Use:**

Steep one tea bag for several minutes once or twice daily, may be sweetened to taste and can be enjoyed hot or cold.

**Indicacion:**

Colocar una bolsa de té en agua caliente por algunos minutos una ó dos veces al día, puede endulzar si lo desea y tomar frío ó caliente.

\*Artichoke Leaf has been traditionally used as a diuretic and digestive aid. Recent studies indicate that it may assist in maintaining healthy cholesterol levels, support weight loss and contribute to overall health.\*

**Made in USA**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information visit our website:  
[www.onlynaturalinc.com](http://www.onlynaturalinc.com) or call 516-897-7001

**NO CAFFEINE****HERBAL BEVERAGE****ONLY NATURAL**

Est.1986

# ARTICHOKE TEA



★ **Alcachofa** ★  
**Lemon flavor**

**20 BAGS****NET WT. 1.14 oz (32 gm.)****INGREDIENTS**

Artichoke (Cynara scolymus)

Organic artichoke leaf extract, dandelion root, hawthorne berry, fenugreek, green tea (caffeine free), lemon peel and natural lemon flavor.

Artichoke Tea (Cynarae scolymus) has been used for centuries for its health promoting properties.

**NOTE:** Pregnant or lactating women or persons taking medication should consult a healthcare practitioner before using an herbal beverage.

**DISTRIBUTED BY:**

**Only Natural, Inc.**

Island Park, New York 11558 USA

**UPC****7-27413-00719-7****HERBAL BEVERAGE****ONLY NATURAL**

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