

**Suggested Use:** Take one (1) capsule twice daily at mealtime or as directed by your health care professional.

**Uso Sugerido:** Tomar una (1) capsula dos veces al dia a la hora de la comida, ó como sea indicado por su profesional del cuidado de la salud.

**DESCRIPTION:** Only Natural's Black Currant Seed Oil (*Ribes Nigrum*) is an excellent source of Gamma Linolenic Acid, an Essential Fatty Acid that has traditionally been used as a natural anti-inflammatory and may benefit those with ulcers and allergies, improve immune function and hormonal balance, and contribute to overall health.\* Only Natural's Black Currant Seed Oil is produced from the highest quality virgin Black Currant Seed Oil.

**GUARANTEED FREE OF:** yeast, corn, wheat, gluten, milk, salt, sugar, starch, preservatives, artificial flavor & color

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Made in  
USA**

STORE IN A COOL, DRY PLACE  
KEEP OUT OF THE REACH OF CHILDREN  
TAMPER RESISTANT - DO NOT USE IF  
SEAL IS DAMAGED OR MISSING

Only Natural, Inc.  
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The Exclusive Distributor of Only Natural, Inc. Supplements.  
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Dietary Supplement • 60 Softgels

## Supplemental Facts

**Serving Size:** one (1) softgel  
**Each softgel supplies:**

Amount Per Serving	% Daily Value	
Black Currant Seed Oil	300 mg	**
Palmitic Acid	9%	**
Stearic Acid	2%	**
Oleic Acid	14%	**
Linoleic Acid	45%	**
Gamma Linolenic Acid	14%	**
Alpha Linolenic Acid	13%	**
Stearidonic Acid	3%	**

**Additional ingredients:** GMO free sunflower (*helianthus annus*) seed oil, gelatin (bovine), vegetable glycerin and purified water.

\*\*Daily value not established  
Percentage daily values are based on a 2,000 calorie diet.

**UPC CODE**  
**7-27413-00245-1**