

Suggested Use: Take one (1) capsule twice daily at mealtime or as directed by your health care professional.

Uso Sugerido: Tomar una (1) capsula dos veces al dia a la hora de la comida, ó como sea indicado por su profesional del cuidado de la salud.

DESCRIPTION: Only Natural's Black Currant Seed Oil (Ribes Nigrum) is an excellent source of Gamma Linolenic Acid, an Essential Fatty Acid that has traditionally been used as a natural anti-inflammatory and may benefit those with ulcers and allergies, improve immune function and hormonal balance, and contribute to overall health.* Only Natural's Black Currant Seed Oil is produced from the highest quality virgin Black Currant Seed Oil.

GUARANTEED FREE OF: yeast, corn, wheat, gluten, milk, salt, sugar, starch, preservatives, artificial flavor & color

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Made in USA

Only Natural, Inc.
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The Exclusive Distributor of Only Natural, Inc. Supplements.
www.onlynaturalinc.com • 516-897-7001

STORE IN A COOL, DRY PLACE
KEEP OUT OF THE REACH OF CHILDREN
TAMPER RESISTANT - DO NOT USE IF
SEAL IS DAMAGED OR MISSING

ONLY NATURAL
Est.1986

Black Currant Seed Oil

G.L.A.
(Ribes Nigrum)
300 mg

Dietary Supplement • 60 Softgels

Supplemental Facts

Serving Size: one (1) softgel
Each softgel supplies:

Amount Per Serving	%Daily Value
Black Currant Seed Oil	300 mg **
Palmitic Acid	9% **
Stearic Acid	2% **
Oleic Acid	14% **
Linoleic Acid	45% **
Gamma Linolenic Acid	14% **
Alpha Linolenic Acid	13% **
Stearidonic Acid	3% **

Additional ingredients: GMO free sunflower (helianthus annus) seed oil, gelatin (bovine), vegetable glycerin and purified water.

**Daily value not established
Percentage daily values are based on a 2,000 calorie diet.

UPC CODE

7-27413-00245-1