

Supplement Facts

Serving Size 1 Pack

Servings Per Container 30

Amount Per Pack	%DV
Calories	60
Calories From Fat	60
Total Fat	7g 11%
Saturated Fat	1g 5%
Polysaturated Fat	2.75g **
Cholesterol	5mg 2%
Vitamin A (as retinyl palmitate)	1000IU 20%
Vitamin D (as cholecalciferol)	1000IU 25%
Vitamin E (as d-alpha tocopherol acetate)	10IU 33%

Omega 3 Fatty Acid (n-3 FA) Complex	4000mg	**
Flaxseed Oil		**
Salmon Oil		**
Cod Liver Oil		**
Herring Oil		**
Anchorvy Oil		**
Mackerel Oil		**
Sardine Oil		**
Omega 6 Fatty Acid (n-6 FA) Complex	2500mg	**
Borage Oil		**
Safflower Oil		**
Evening Primrose Oil		**
Sesamin		**
Omega Absorption Complex	200mg	**
Lecithin		**
L-Carnitine		**
Lipase Enzyme		**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin, glycerin, purified water, maltedextrin, dicalcium phosphate, L-carnitine fumarate, silicon dioxide, magnesium stearate, titanium dioxide, caramel color, yellow #5, blue #1, and red #40. This product contains fish & soy. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSEAGE: Use Animal Omega as you would your regular essential fatty acid (EFA) supplement. If this is your first time, take Animal Omega with a meal and you're good to go. Use a pack or two daily, as you need it.

PRODUCT NOTES: Animal Omega is a full spectrum EFA product uniquely formulated for the serious bodybuilder and enhanced with sesamin. Each pack contains a precise, pre-dosed ratio of n-3 and n-6 fatty acids (FAs) including:

- Alpha-Linolenic Acid (ALA): 450mg (n-3)
- Docosahexaenoic Acid (DHA): 350mg (n-3)
- Eicosapentaenoic Acid (EPA): 450mg (n-3)
- Conjugated Linoleic Acid (CLA): 800mg (n-6)
- Gamma-Linolenic Acid (GLA): 300mg (n-6)
- Linoleic Acid (LA): 850 (n-6)

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this can in a cool, dry place, away from heat, moisture and sunlight. You know the drill.

Pack #000110400



MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:
Universal Nutrition
New Brunswick, New Jersey 08901
800-658-3185 • 732-545-3130
www.animalpak.com



Training Supplement | 30 Packs The Essential EFA Stack. Enhanced Anabolism & Metabolism | Essential Fatty Acids | n-3 FAs | n-6 FAs | ALA | GLA | EPA | DHA | CLA | LA | Sesamin

WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable training "pack" that started it all. Born from the needs and desires of pro bodybuilders, Animal has grown over the decades. Today, Animal has stood the test of time and been proven in the trenches day in and day out. The name stands for trust, integrity and a no nonsense approach to the game. **WHAT ANIMAL OMEGA®** IS trim the fat.... Yeah, bodybuilders have chased fat for good reasons too. Truth is, there is a class of fats that are not only important, but absolutely "essential". Without these critical fats, you wouldn't make any gains, let alone survive. Animal Omega takes these special fats and custom-tailors it specifically for the hard working lifter. Whether you're adding mass or trimming bodyfat, Animal Omega can help. Animal Omega. It's the last and final word when it comes to EFA supplementation.* **OUR IRONCLAD GUARANTEE** Animal is dedicated to being the best in the business, no two ways about it. If this product doesn't meet with your tough requirements for any reason, let us know. When it comes to standing behind our products, we don't mess around. That's the truth.

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