

REV# 090313-MBS-L34G

CAUTION: Metabolic Bioshock contains caffeine. To avoid sleeplessness, do not take within four hours of bedtime. Avoid taking any additional stimulants while taking Metabolic Bioshock. Though intense and dramatic effects will be noticed in your very first workout, Metabolic Bioshock should be taken every training day to elicit maximum benefit. When used as part of a proper exercise program and a proper diet, Metabolic Bioshock may help individuals obtain amazing aesthetic, strength and endurance goals. Individual results may vary according to genetic disposition, type of training, diet and body composition. Consume a minimum of an additional 64 ounces of water per day while using Metabolic Bioshock. Most individuals will begin to feel its mental focus, energy and super pump effects within 15 minutes of ingestion; others within 15-45 minutes of ingestion. These effects tend to become progressively more pronounced & noticeable every few minutes thereafter. Metabolic Bioshock will elicit its maximum energy, endurance and strength enhancing effects within 1-6 hours after ingestion.

WARNING: Seek the advice of a licensed health care practitioner/physician before use, especially if you have any pre-existing medical condition(s) including (but not limited to): hypotension, hypertension, heart, liver, kidney or thyroid disease, diabetes, psychiatric disease, asthma, anemia, anxiety, depression, seizure disorder, cardiac arrhythmia, stroke, difficulty urinating due to prostate enlargement, or if you are taking a MAO inhibitor or any other prescription drug(s). Do not use if you are/maybe pregnant, trying to become pregnant or nursing. Reduce or discontinue use if excessive sleeplessness, tremors, dizziness, nervousness, headaches, or heart palpitations occur. Metabolic Bioshock is for use by healthy adults only and is not for use by persons under the age of 18 years. If you experience a skin rash or other allergic reaction, discontinue use and consult a medical doctor immediately. User assumes all risks, liabilities, and consequences related to performance enhancing testing and use of this product. This product contains high doses of Vitamin K. If you take anti-clotting or blood thinning medications do not use this product. This product contains nitrates. If you take nitrate medications for chest pain or medications for erectile dysfunction you MUST consult your physician before use of this product. **KEEP OUT OF REACH OF CHILDREN.**

Note: Do not store in direct sunlight, store in a cool dry place. Due to settling, a natural occurrence with powdered products, powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the amount of the scoop serving size.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Supplement Facts

Serving Size: 1/2 Package (15.86 g)
Servings per container: 2

	Amount per two servings	% DV †
Calories	0	0%
Total Carbohydrate	0	0%
Sugars	0	**
Cholesterol	0	0%
Total Fat	0	0%
Calcium (as Calcium Pantothenate)	168 mg	16%
Magnesium (as Creatine MagnaPower® Magnesium Creatine Chelate)	80 mg	24%
Sodium (as Sodium Glycero-phosphate)	60 mg	4%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	5.0 mg	46%
Vitamin B5 (as Calcium Pantothenate)	830 mg	16600%
Vitamin C (as Ascorbic Acid)	180 mg	200%
Vitamin D (as Cholecalciferol)	2000 IU	1000%
Vitamin K (as Phylloquinone)	1.0 mg	832%
Magnesium Creatine Chelate (Creatine MagnaPower®)	1000 mg	**
Instantized & Micronized Creatine Monohydrate	2000 mg	**
Carnipure® (L-Carnitine-L-Tartrate)	2000 mg	**
Instantized & Micronized BCAA 4:1:1 Formula (L-Leucine:L-Isoleucine:L-Valine)	6300 mg	**
NO3-T™ (Glutamine Nitrate)	1000 mg	**
OPTI-MSM® (Methylsulfonylmethane)	3000 mg	**
Glucosamine HCl	1500 mg	**
L-Tyrosine	1500 mg	**
Calcium Pantothenate	1000 mg	**
Sodium Glycerophosphate	500 mg	**
Taurine	4000 mg	**
Q20™ (Water Solubilized Coenzyme Q10)	100 mg	**
Stilbenox™ (Vitis vinifera aqueous extract standardized for 98% Oligoprocyanidans)	70 mg	**
Zinc bis-Glycinate Chelate	50 mg	**
L-Aspartic Acid	4000 mg	**
Caffeine	300 mg	**
Bai Mudan™ Fujian White Peony Tea (Camellia sinensis)(shoots and leaves) aqueous extract	40 mg	**

† Percent Daily Values (% DV) are based on A 2000 calorie per day diet
** Daily Value Not Established

Other Ingredients: Malic Acid, Citric Acid, Sucralose, Acesulfame Potassium (Ace K), Natural & Artificial Flavors.

METABOLIC BIOSHOCK

PERHAPS THE MOST EFFECTIVE
AND WELL THOUGHT OUT
PRE-WORKOUT SUPPLEMENT
IN THE HISTORY OF SPORTS NUTRITION.

- **CLINICALLY VALIDATED DOSING FOR MAXIMUM MUSCLE HYPERTROPHY***
- **INCREASE AEROBIC AND ANAEROBIC ENDURANCE ENABLING YOU TO TRAIN MUCH LONGER & HARDER***
- **FIGHT MUSCLE SORENESS & FATIGUE- REDUCE DELAYED ONSET MUSCLE SORENESS (DOMS)***
- **MODULATE NITRIC OXIDE RELEASE & LEVELS LEADING TO INCREASED & MASSIVE PUMPS***
- **FULLY DOSED BCAA, CREATINE, COENZYME Q10 & COMPLETE JOINT FORMULA PER 2 SERVINGS***
- **ALL THE KEY NUTRIENTS YOU ABSOLUTELY NEED IN JUST ONE PRODUCT***
- **BRANDED & HIGHEST QUALITY INGREDIENTS - EVERY TIME, ALWAYS***
- **100% OPEN LABEL WITH KEY INGREDIENT DOSING BASED ON DATA FROM OVER 30 PEER REVIEWED, PUBLISHED SCIENTIFIC JOURNAL ARTICLES - ALL DATA DERIVED FROM STUDIES IN HUMANS!***

DIRECTIONS: As a dietary supplement, take 1/2 to a full package with 10-24 oz. of cold water or juice (10-12 oz. of fluid per scoop) approximately 30 minutes prior to training. CAUTION: Individuals sensitive to stimulants should start by using 1/2 of this package to help assess their tolerance. Metabolic Bioshock should be used on training days only. Do not exceed one package in a 24-hour period under any circumstances.



6.3G
BCAA'S

2G
CARNITINE

3G
CREATINE

18.8G
AMINO ACIDS

100MG
SOLUBILIZED COENZYME Q10

METABOLIC BIOSHOCK™

ULTIMATE 100% OPEN LABEL PRE-WORKOUT SYSTEM



RAPID ONSET ENERGY, FOCUS & ENDURANCE*



MAXIMUM MUSCLE GROWTH & STRENGTH*



PATENTED NO3T™ NITRATE TECHNOLOGY



ZERO SUGARS & ZERO CARBOHYDRATES



MSRP \$2.99 THIS PRODUCT IS CERTIFIED TO BE FREE OF BANNED SUBSTANCES

TWO SERVINGS - NET WT 31.86 GRAMS - DIETARY SUPPLEMENT