

Suggested Use: Take two (2) or three (3) tablets with 8 ounces of water three times daily on an empty stomach prior to meals or as recommended by a health care professional.

Indicación: Tomar dos (2) o tres (3) tabletas con ocho onza de agua tres veces al día con el estomago vacío antes de la comida o como sea recomendado por su profesional del cuidado de la salud.

Description: Only Natural's Super Fat Fighter works by helping promote healthy elimination. Each serving supplies 10 dietary fibers, which not only make you feel full prior to your meal, but also helps provide natural bulk to promote normal elimination. Super Fat Fighter is also formulated with enzymes, minerals, and acidophilus, which supports a healthy intestinal tract.†

This product obtains the best results when taken with Only Natural's Dieter's Tea.

NOTICE: This product contains Cascara Sagrada and Aloe Vera. Read and follow directions carefully. Do not use if you have or developed diarrhea, loose stools, or abdominal pain because Cascara Sagrada and Aloe Vera may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

GUARANTEED FREE OF: artificial flavor & color, cellulose, corn, dairy, preservatives, salt, silica, soy, starch, sugar, wheat, yeast

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Nutrition Questions or Comments?
Call Only Natural Inc. at 516-897-7001
Mon. – Fri. 9 AM - 5 PM EST
For healthy tips and product information visit us at:
www.onlynaturalinc.com

STORE IN A COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN
TAMPER RESISTANT
DO NOT USE IF SEAL IS DAMAGED OR MISSING



Dietary Supplement • 90 Tablets

Supplement Facts			
Serving size: Three (3) tablets			
Amount Per Serving	% Daily Value		
Calcium (Carbonate)	10 mg	1%	
Chromium (Picolinate)	15 mcg	12.5%	
Potassium (Citrate)	10 mg	<1%	
Choline (Bitartrate)	15 mg	**	
Inositol	15 mg	**	
Nopal (Opuntia Ficusindica)	500 mg	**	
Flaxseed	500 mg	**	
Oat Bran Concentrate	500 mg	**	
Rice Bran Concentrate	500 mg	**	
Psyllium Seed Husks (Plantago Ovata)	500 mg	**	
Apple Pectin	125 mg	**	
Glucomannan (Amorphophallus Konjac)	75 mg	**	
Carrot Fiber	75 mg	**	
Beet Fiber	75 mg	**	
Hoodia	50 mg	**	
Cascara Sagrada Extract	300 mg	**	
Lecithin	50 mg	**	
Spirulina	25 mg	**	
Aloe Vera (Freeze Dried Conc. 1:200) equivalent to 2,000 mg of Aloe Vera Inner Gel)	10 mg	**	
L-Acidophilus (Non-Milk Source)	250,000 Ct	**	
Bromelain 600 GDU	10 mg	**	
L-Carnitine	15 mg	**	
Coenzyme Q-10	250 mcg	**	
** Daily Value not established % Daily value based on a 2,000 calorie diet			

Additional Ingredients: Di-calcium phosphate, Vegetable stearate, Pharmaceutical glaze.

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Only Natural, Inc.
Island Park, NY 11558 U.S.A.
Made in USA

Exp. date / Lot #