

METABOLIC BIOSHOCK - PERHAPS THE MOST EFFECTIVE AND WELL THOUGHT OUT PRE-WORKOUT SUPPLEMENT IN THE HISTORY OF SPORTS NUTRITION.

- **CLINICALLY VALIDATED DOSING FOR MAXIMUM MUSCLE HYPERTROPHY***
- **INCREASE AEROBIC AND ANAEROBIC ENDURANCE ENABLING YOU TO TRAIN MUCH LONGER & HARDER***
- **FIGHT MUSCLE SORENESS & FATIGUE- REDUCE DELAYED ONSET MUSCLE SORENESS (DOMS)***
- **MODULATE NITRIC OXIDE RELEASE & LEVELS LEADING TO INCREASED & MASSIVE PUMPS***
- **FULLY DOSED BCAA, CREATINE, COENZYME Q10 & COMPLETE JOINT FORMULA PER 2 SCOOPS***
- **ALL THE KEY NUTRIENTS YOU ABSOLUTELY NEED IN JUST ONE PRODUCT***
- **BRANDED & HIGHEST QUALITY INGREDIENTS - EVERY TIME, ALWAYS***
- **100% OPEN LABEL WITH KEY INGREDIENT DOSING BASED ON DATA FROM OVER 30 PEER REVIEWED, PUBLISHED SCIENTIFIC JOURNAL ARTICLES - ALL DATA DERIVED FROM STUDIES IN HUMANS!***

Of all the supplements you are going to use, perhaps your choice in pre-workout products is the SINGLE most important of them all. It can mean the difference between a good workout and a truly outstanding one, hitting a personal best or failing miserably, breaking a new time barrier or just gassing out from exhaustion. It can mean the difference between looking and feeling incredible or not.

That's why at Giant Sports we developed Metabolic Bioshock -formulated to contain the highest quality, key ingredients in doses validated to be effective per human studies in real people, real athletes just like you -with all ingredients 100% fully disclosed by dose on the label.

Metabolic Bioshock is the first pre-workout supplement that considers more than just your "muscles and energy" - it considers your entire musculoskeletal system (muscle - bone - joints), hemovascular system (blood vessels and blood nutrient levels) as well as the psychology behind training (intensity, energy, endurance and mental focus) with a potent formulation to provide you with "a psychological edge" to help you train harder, train longer, and train more efficiently than you ever have before.*

Giant Sports' Metabolic Bioshock is everything you need in a pre-workout supplement to power your mind and your body -all in validated, effective and fully disclosed doses. So if you value your time while training and want to make maximal progress each and every time you do, then you won't settle for anything less. You will insist on the very best pre-workout supplement possible. You will insist on Metabolic Bioshock.*

NO³T

NITRATE TECHNOLOGY

NO³-COMPATIBLE

Carnipure



CREATINE

MagnaPower

ALBION

MINERALS

Carnipure™ offers purest L-carnitine and is a trademark of Lonza Ltd, Switzerland.

OptiMSM

Creatine MagnaPower, TRAACS and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Creatine MagnaPower covered by U.S. Patent #,614,379.



6.3G
BCAA'S

2G
CARNITINE

3G
CREATINE

18.8G
AMINO ACIDS

100MG
SOLUBILIZED COENZYME Q10

METABOLIC

BIOSHOCK™

ULTIMATE 100% OPEN LABEL PRE-WORKOUT SYSTEM

-  **RAPID ONSET ENERGY, FOCUS & ENDURANCE***
-  **MAXIMUM MUSCLE GROWTH & STRENGTH***
-  **PATENTED NO³T™ NITRATE TECHNOLOGY**
-  **ZERO SUGARS & ZERO CARBOHYDRATES**

40 SERVINGS NET WT 21.446 OZ (608 GRAMS) - DIETARY SUPPLEMENT

ENERGY | FOCUS | STRENGTH | PUMP | SPEED | INTENSITY | ENDURANCE | RECOVERY

DIRECTIONS: As a dietary supplement, take 1-2 scoops with 10-24 oz. of cold water or juice (10-12 oz. of fluid per scoop) approximately 30 minutes prior to training. For first time users take one (1) scoop for your first 2 or 3 workouts to allow your body to properly assimilate to Metabolic Bioshock's high dosages of ergogenic nutrients. **CAUTION:** Individuals sensitive to stimulants should start by using one (1) scoop to help assess their tolerance. Metabolic Bioshock should be used on training days only. *Do not exceed 2 scoops in a 24-hour period under any circumstances.*

Supplement Facts

Serving Size: 1 Scoop (15.20 g)
Servings per container: 40

	Amount per serving	% DV †	Amount per two servings	% DV †
Calories	0	0%	0	0%
Total Carbohydrate	0	0%	0	0%
Sugars	0	**	0	**
Cholesterol	0	0%	0	0%
Total Fat	0	0%	0	0%
Calcium (as Calcium Pantothenate)	84 mg	8%	168 mg	16%
Magnesium (as Creatine MagnaPower® Magnesium Creatine Chelate)	40 mg	12%	80 mg	24%
Sodium (as Sodium Glycerophosphate)	30 mg	2%	60 mg	4%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	2.5 mg	23%	5.0 mg	46%
Vitamin B5 (as Calcium Pantothenate)	415 mg	8300%	830 mg	16600%
Vitamin C (as Ascorbic Acid)	90 mg	100%	180 mg	200%
Vitamin D (as Cholecalciferol)	1000 IU	500%	2000 IU	1000%
Vitamin K (as Phylloquinone)	0.5 mg	416%	1.0 mg	832%
Magnesium Creatine Chelate (Creatine MagnaPower®)	500 mg	**	1000 mg	**
Instantized & Micronized Creatine Monohydrate	1000 mg	**	2000 mg	**
Carnipure® (L-Carnitine-L-Tartrate)	1000 mg	**	2000 mg	**
Instantized & Micronized BCAA 4:1:1 Formula (L-Leucine:L-Isoleucine:L-Valine)	3150 mg	**	6300 mg	**
NO ³ -T™ (Glutamine Nitrate)	500 mg	**	1000 mg	**
OPTI-MSM® (Methylsulfonylmethane)	1500 mg	**	3000 mg	**
Glucosamine HCl	750 mg	**	1500 mg	**
L-Tyrosine	750 mg	**	1500 mg	**
Calcium Pantothenate	500 mg	**	1000 mg	**
Sodium Glycerophosphate	250 mg	**	500 mg	**
Taurine	2000 mg	**	4000 mg	**
Q20™ (Water Solubilized Coenzyme Q10)	50 mg	**	100 mg	**
Stilbenox™ (Vitis vinifera aqueous extract standardized for 98% Oligoprocyanidins)	35 mg	**	70 mg	**
Zinc bis-Glycinate Chelate	25 mg	**	50 mg	**
L-Aspartic Acid	2000 mg	**	4000 mg	**
Caffeine	150 mg	**	300 mg	**
Bai Mudan™ Fujian White Peony Tea (Camellia sinensis)(shoots and leaves) aqueous extract	20 mg	**	40 mg	**

† Percent Daily Values (% DV) are based on A 2000 calorie per day diet
** Daily Value Not Established
Other ingredients: Malic Acid, Sucralose, Acesulfame Potassium (Ace K), Natural & Artificial Flavors, FD&C Red Lake #40, FD&C Yellow Lake #6.

CAUTION: Metabolic Bioshock contains caffeine. To avoid sleeplessness, do not take within four hours of bedtime. Avoid taking any additional stimulants while taking Metabolic Bioshock. Though intense and dramatic effects will be noticed in your very first workout, Metabolic Bioshock should be taken every training day to elicit maximum benefit. When used as part of a proper exercise program and a proper diet, Metabolic Bioshock may help individuals obtain amazing aesthetic, strength and endurance goals. Individual results may vary according to genetic disposition, type of training, diet and body composition. Consume a minimum of an additional 64 ounces of water per day while using Metabolic Bioshock. Most individuals will begin to feel its mental focus, energy and super pump effects within 15 minutes of ingestion; others within 15-45 minutes of ingestion. These effects tend to become progressively more pronounced & noticeable every few minutes thereafter. Metabolic Bioshock will elicit its maximum energy, endurance and strength enhancing effects within 1-6 hours after ingestion.

WARNING: Seek the advice of a licensed health care practitioner/physician before use, especially if you have any pre-existing medical condition(s) including (but not limited to): hypotension, hypertension, heart, liver, kidney or thyroid disease, diabetes, psychiatric disease, asthma, anemia, anxiety, depression, seizure disorder, cardiac arrhythmia, stroke, difficulty urinating due to prostate enlargement, or if you are taking a MAO inhibitor or any other prescription drug(s). Do not use if you are/may be pregnant, trying to become pregnant or nursing. Reduce or discontinue use if excessive sleeplessness, tremors, dizziness, nervousness, headaches, or heart palpitations occur. Metabolic Bioshock is for use by healthy adults only and is not for use by persons under the age of 18 years. If you experience a skin rash or other allergic reaction, discontinue use and consult a medical doctor immediately. User assumes all risks, liabilities, and consequences related to performance enhancing testing and use of this product. This product contains high doses of Vitamin K. If you take anti-clotting or blood thinning medications do not use this product. This product contains nitrates. If you take nitrate medications for chest pain or medications for erectile dysfunction you MUST consult your physician before use of this product. **KEEP OUT OF REACH OF CHILDREN.**

Note: Do not store in direct sunlight, store in a cool dry place. Due to settling, a natural occurrence with powdered products, powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the amount of the scoop serving size.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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THIS PRODUCT IS CERTIFIED TO BE FREE OF BANNED SUBSTANCES

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