

USAGE: Take 1 capsule per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® Milk Thistle (*Silybum marianum*) 30:1 extract is standardized to contain 80% **total Milk Thistle seed flavonoids**, including the important **Silymarin** fractions isosilybinins A and B, silybinins A and B, silychristin and silydianin.

This particular group of flavonoids, collectively known as Silymarin, supports liver function by raising protective glutathione levels.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
F O R M U L A S

Milk Thistle

Standardized
Silymarin Extract 30:1

Supports Liver Function*

150
MILLIGRAMS

200
CAPSULES

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 200

	Amount Per Serving	% DV
Milk Thistle Seed 30:1 Extract (<i>Silybum marianum</i>) (80% total flavonoids)	150 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

hindena
science is our nature®

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

03314SIL200 PROD # 114029



© 2014 **Jarrow FORMULAS®**