**USAGE:** Take 1 tablet 1 to 2 times per day, preferably on an empty stomach with fruit juice or as directed by your qualified healthcare professional.

**NOTE:** Prolonged or elevated intake may alter liver function tests without affecting actual liver function. Inform your physician that you are ingesting NAC if you undergo liver function tests.

NAC Sustain® is in a special Sustain™ bilayer Ouick Release/
Sustained Release format of N-Acetyl-L-Cysteine (NAC), a
powerful antioxidant amino acid and a precursor to the critical
antioxidant glutathione. Glutathione exerts a variety of protective
effects, including detoxification and intracellular defense against
oxidative stress. Substances known to reduce glutathione status
are acetaminophen and alcohol.\*

The advanced bilayer Sustain™ tablets combine 1/3 Quick Release and 2/3 Sustained Release formats to both immediately raise and amaintain blood levels over a longer period of time.\* NAC Sustain® releases in the small intestine over an 8 hour period, compared to the 1.5 hour biological half-life of NAC in the bloodstream.\* Protected by U.S. Patent # 6,623,754.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





GLUTEN

FREE

Bilayer Tablets

Quick + Sustained Releases

## N-A-C N-Acetyl-L-Cysteine Sustain®

Antioxidant and Glutathione Precursor\*
Supports Liver and Lung Function\*

600 MILLIGRAMS 100

DIETARY SUPPLEM

## **Supplement Facts**

Serving Size 1 Tablet Servings Per Container 100

Amount Per Serving % DV

N-Acetyl-L-Cysteine

\* Daily Value not established.

Other Ingredients: Carbomer, cellulose, calcium phosphate, beet root powder (for color), stearic acid (vegetable source), magnesium stearate (vegetable source), silicon dioxide and an aqueous-based coating.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.



Distributed Exclusively by: Jarrow FORMULAS® Superior Nutrition and Formulation™ P.O. Box 35994 Los Angeles, CA 90035-4317 www.Jarrow.com 07214SUS

PROD # 107001



600 ma

Lot #. Best Used Before: MILLIGRAMS TABLETS SUPPLEMENT © 2014 Jarrow FORMULAS\*