

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

Amount Per Serving		%DV
Manganese	145mcg	7%
Potassium	9mg	<1%
Glutamine	750mg	**

**Daily value (DV) not established.

OTHER INGREDIENTS: L-glutamine, whey (milk), gelatin, potassium phosphate, magnesium stearate, manganese sulfate. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSAGE: As a dietary supplement during normal training schedules, take 6 capsules (4500mg) per day.

WARNING: Keep out of reach of children. Before beginning any program, consult your health care practitioner.

This dietary supplement should not replace healthy diet and healthy lifestyle.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Plant #3001104580



MADE PROUDLY IN THE U.S.A.
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UNIVERSAL GLUTAMINE CAPSULES™

Recovery Supplement

100 Capsules

Finest Pharmaceutical Grade Amino Acid with Glutamine Co-Factors | Maximum Glutamine Absorption

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Glutamine Capsules™ provides the purest grade L-glutamine available. Glutamine is a "conditionally" essential pro-anabolic amino acid and is the most abundant amino acid in muscle. Glutamine may be the most important variable in promoting optimum protein synthesis, while helping block cortisol to prevent protein breakdown in muscle. **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

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