

Supplement Facts

Serving Size 1 Capsule Servings Per Container 50

Amount Per Serving		%DV
Manganese	145mcg	7%
Potassium	9mg	<1%
Glutamine	750mg	**

**Daily value (DV) not established.

OTHER INGREDIENTS: L-glutamine, whey (milk), gelatin, potassium phosphate, magnesium stearate, manganese sulfate. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSAGE: As a dietary supplement during normal training schedules, take 6 capsules (4500mg) per day.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Plant #3001104580



MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:



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GLUTAMINE CAPSULES™

Recovery Supplement

50 Capsules

Finest Pharmaceutical Grade Amino Acid with Glutamine Co-Factors

K1513-0-32062

WHAT IT IS Glutamine Capsules™ provides the purest grade L-glutamine available. Glutamine is a "conditionally" essential pro-anabolic amino acid and is the most abundant amino acid in muscle. Glutamine may be the most important variable in promoting optimum protein synthesis, while helping block cortisol to prevent protein breakdown in muscle.* **WARNINGS** Keep out of reach of children. Before beginning any program, consult your health care practitioner.