Supplement Facts

Serving Size 6 Tablets Servings Per Container 30					
Amount Per Serving		%DV	Amount Per Serving		%D
Vitamin C (as ascorbic acid)	100mg	167%	L-Ornithine HCI	2.5g	
Vitamin B6 (as pyridoxine HCI)	20mg		Phytosterols (providing beta sitosterol)		
			Carnitine (as L-carnitine furnarate)	100mg	
L-Arginine Alpha-Ketoglutarate	5g		Gamma Oryzanol (from rice bran)	50mg	

**Daily Value (DV) not established

OTHER INCREDIENTS: Dicalcium phosphate, whey (milk), stearic acid, magnesium stearate, soy (from phytosterols) pharmaceutical glaze. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

BOSAGE: Take 6 tablets daily on an empty stomach. Take 4 tablets before worknots and another 2 tablets immediately

before bedtime. On non-training days, take 2 tablets in the morning, 2 in the afternoon, and another 2 before bedtime. WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects

occur. California Residents Proposition 65 Warning: This product contains a substance known to the State of California to course birth defects or other reproduction harm. Keep out of reach of children, Athletes should consult with their *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



sanctioning authority before use. Do not exceed recommended dose.





since 1977. As time passes, certain ideals never on out of style. Honesty, Integrity, Respect. These are the values we unhold and are the bedrock upon which we built our business. WHAT IT IS Universal Nutrition's GH Max** is the ultimate GH-support formula for the serious bodybuilder or powerlifter who is interested in extreme gains in size and strength. Growth Hormone (GH) has the ability to increase lean mass by stimulating protein synthesis and increasing nitrogen retention in muscles. Designed with powerful GH support nutrients including arginine and ornithine plus extra anabolic nutrients, maximum strength GH Max™ helps in your quest for size. Target your body's peak periods of GH release with GH Max**. * HOW WE BACK IT UP What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.