

Suggested Use: Take one (1) tablet daily, preferably with food or as recommended by your health care practitioner.

Indicación: Tomar una (1) tableta diariamente con comida ó como sea recomendado por su professional del cuidado de la salud.

Description: Only Naturals Mega Stress is designed to provide natural stress relief utilizing B-Complex, Citrus Bioflavonoids along with rice bran concentrate and Hepatrin Complex for improved absorption.* Mega Stress is sustained release to ensure maximum effectiveness.*

Nutrition Questions or Comments?
Call Only Natural Inc. at 516-897-7001
Mon. - Fri. 9 AM - 5 PM EST
For healthy tips and product
information visit us at:
www.onlynaturalinc.com

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

ONLY NATURAL
Est.1986

Mega Stress 100

**Sustained Release
Fast Acting Formula**

Dietary Supplement • 60 Tablets

Supplement Facts

Serving size: One (1) tablet

Each serving supplies:	% Daily Value	
Vitamin C (Ascorbic Acid, with Rose Hips Acerola and Green Pepper)	500 mg	833%
Vitamin B-1 (Thiamine)	100 mg	6,666%
Vitamin B-2 (Riboflavin)	100 mg	5,882%
Vitamin B-3 (Niacin/Niacinamide)	40 mg	200%
Vitamin B-5 (Pantothenic Acid)	100 mg	1,000%
Vitamin B-6 (Pyridoxine)	100 mg	5,000%
Vitamin B-12 (Hydroxocobalamin)	500 mcg	8,333%
Biotin (Vitamin H)	150 mcg	50%
Folic Acid (Folacin)	400 mcg	100%
Choline (Citrate)	100 mg	18.2%
Inositol (from Corn)	100 mg	**
Para-Aminobenzoic Acid (PABA)	100 mg	**
Lemon Bioflavonoid Complex	250 mg	**
Rice Bran Concentrate	100 mg	**
Hepatrin Complex TM	100 mg	**
Hepatrin Complex TM Providing:		
Desiccated Liver	50 mg	**
Intrin	50 mg	**

**Daily value not established
% Daily value based on 2,000 calorie diet

Additional Ingredients: Vegetable Stearate, Vegetable cellulose, di-calcium phosphate, pharmaceutical glaze

Only Natural, Inc., Island Park, NY 11558 U.S.A.

GUARANTEED FREE OF: artificial flavor & color, dairy, preservatives, salt, soy, gluten, starch, sugar, wheat,

STORE IN A COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN
TAMPER RESISTANT - DO NOT USE
IF SEAL IS DAMAGED OR MISSING

upc

7-27413-00351-9

Made In
USA

Exp. date / Lot #