

NATURE'S BOUNTY

1 PER DAY TABLET

Iron

28mg | Ferrous Sulfate

Helps Maintain Energy Utilization*

Promotes Red Blood Cell Production*

COATED FOR EASY SWALLOWING



Iron is a necessary component of hemoglobin, the oxygen carrier in the blood, and is also important for energy utilization.* This product contains the iron your body needs each day for proper functioning.*

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Suitable for vegetarians.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by NATURE'S BOUNTY, INC.
Bohemia, NY 11716 U.S.A. © 2010 Nature's Bounty, Inc.



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Iron (as Ferrous Sulfate)	28 mg 156%

Other Ingredients: Dicalcium Phosphate, Calcium Carbonate, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

100 tablets MINERAL SUPPLEMENT

0 74312 01790 2

Prod. No. 1790
B1792 08G