

Supplement Facts

Serving Size 1 Softgel Servings Per Container 100

Amount Per Serving		%DV
Calories	10	
Calories from Fat	10	
Total Fat	1g	2%*
Polyunsaturated fat	0.5g	**
Cholesterol	0mg	0%*
Vitamin E (as dl-alpha tocopherol acetate)	1IU	3%
Fish Oil	1,000mg	**
Provides Omega-3 Fatty Acids 300 mg, comprising of: (EPA-eicosapentaenoic acid 180mg) (DHA-docosahexaenoic acid 120mg)		

*Percent Daily Values based on a 2,000 calorie diet
** Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin, glycerine, purified water. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

INGREDIENT NOTES: This product contains fish ingredients (salmon, sardine, mackerel, anchovy and herring.)

DOSAGE: Take 1-3 softgels daily, or as directed by your Health Care professional.

WARNINGS: Keep out of reach of children.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Plant #3001104580



MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:

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Nutrition**
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FISH OIL™

Omega-3 EFA Supplement

100 Softgels

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Universal's Fish Oil contains the purest, molecularly distilled, omega-3 fish oils extracted from the highest quality fish sources such as salmon, sardine, mackerel, anchovy and herring. Each softgel contains a potent dose of the key fish oil extracts, EPA and DHA. These key extracts play important roles in immune function, joint health, brain health, natural hormone synthesis, healthy heart function and maintenance of the nervous system amongst other things. **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.

High In EPA/DHA | Molecularly Distilled | Optimum Purity and Potency

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