

Supplement Facts

Serving Size 1 Tablet Servings Per Container 100

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as acetate, beta carotene) . . . 5000IU . . . 100%		Calcium (as dicalcium phosphate) 170mg 17%	
Vitamin C (as ascorbic acid) 60mg . . . 100%		Phosphorus (as dicalcium phosphate) . . 125mg 13%	
Vitamin D (as cholecalciferol) 400IU . . . 100%		Iodine (from kelp) 25mcg 17%	
Vitamin E (as d- α tocopherol succinate) . . 30IU . . . 100%		Magnesium (as magnesium oxide) 40mg 10%	
Vitamin K (as phytonadione) 25mcg . . . 31%		Zinc (as zinc oxide) 5mg 33%	
Thiamine (as thiamine mononitrate) . . . 1.5mg . . . 100%		Selenium (as sodium selenite) 3mcg 4%	
Riboflavin 1.7mg . . . 100%		Copper (as cupric oxide) 2mg . . . 100%	
Niacin (as niacinamide) 30mg . . . 150%		Manganese (as manganese sulfate) 1mg 50%	
Vitamin B6 (as pyridoxine HCl) 2mg . . . 100%		Chromium (as chromium chloride) 2mcg 2%	
Folic Acid 200mcg . . . 50%		Potassium 23mg <1%	
Vitamin B12 (as cyanocobalamin) 6mcg . . . 100%			
Biotin 15mcg 5%		Para-Aminobenzoic Acid 5mg **	
Pantothenic Acid (as d-calcium pantothenate) 10mg 100%		Digestive Enzyme Complex 24mg	
		Papain**, Diastase Malt**, Lipase**	

****Daily Value (DV) not established.**

Other Ingredients: Whey (milk), stearic acid, potassium phosphate, magnesium stearate, soy and pharmaceutical glaze. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

Recommended Use: As a dietary supplement, take 1 tablet daily or as directed by a Healthcare professional. Keep this bottle tightly closed in a cool, dry place away from direct heat, sunlight and moisture.

WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects occur. California Residents Proposition 65 Warning: This product contains a substance known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

UNIVERSAL NATURALS

DAILY FORMULA

THE ADVANCED
MULTIPLE VITAMIN
& MINERAL COMPLEX*

BALANCED NUTRITIONAL FORMULAS

100 Tablets

Dietary Supplement

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