

Supplement Facts

Serving Size 1 Teaspoon (5g)
Servings Per Container 100

Amount Per Serving		%DV
Creatine Monohydrate	5g	**

****Daily Values (DV) are not established.**

OTHER INGREDIENTS: Contains pure micronized Creapure® creatine monohydrate.

INGREDIENT NOTES: Creapure® Brand Creatine is an exclusive product of AlzChem Trostberg GmbH Germany. Tested and proven free of impurities. U.S. Patent # 5,719,319.

Creapure®

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DOSAGE: Mix 1 teaspoon in 14-16 ounces of your beverage of choice.

WARNINGS: Keep out of reach of children. Before beginning any program, consult your health care practitioner.

Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

* These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Plant #3001104580



MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:

**Universal
Nutrition**
New Brunswick, New Jersey 08901
800-USA-0101 • 732-545-3130
www.UniversalUSA.com

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CREATINE™

Creatine Supplement

Net Wt 500g

Contains Creapure® Creatine Monohydrate

| Readily Absorbed Creatine Formula

| Boosts Strength & Performance

G3013-G-32253

WHO WE ARE Universal Nutrition has been providing cutting edge and staple nutritional supplements to bodybuilders and hard training athletes the world over since 1977. As time passes, certain ideals never go out of style. Honesty. Integrity. Respect. These are the values we uphold and are the bedrock upon which we built our business. **WHAT IT IS** Universal's Creatine Powder™ provides the purest, most readily absorbed creatine formula available. Creatine serves as a high-energy bond in muscle and nerve tissues for the maintenance of ATP levels during muscular contraction. Studies report that the increase of creatine levels will help delay the onset of fatigue, increase energy metabolism in the cells, and enhance the body's overall training capability.* **HOW WE BACK IT UP** What is on the label is in the bottle and what is in the bottle will help you reach your goals. We believe it and proudly stand behind every product we manufacture. Our word is our bond.