USAGE: Take 1 softgel 1 to 3 times per day with a meal or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

Jarrow Formulas® QH-Pomegranate brings together two of the premier cardio-protective actives available today in one softgel.* OH (ubiquinol) is the reduced (active antioxidant) state of Co-Q10, the form produced by our cells and is significantly better absorbed as a supplement, particularly as we age. The pomegranate extract in QH-Pomegranate is derived from 100% California pomegranates and contains a wide range of polyphenolic compounds including ellagic acid, anthocyanins and ellagitannins with NO synthetic ellagic acid.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Ubiquinol

Pomegranate
Supports Cardiovascular Function*
"Active Antioxidant" Form of Co-Q10*

Antioxidant Protection*

30 OFTGELS

DIETARY SUPPLEME

o-Q10*

Supplement Facts

Supplement Lasts		
Serving Size 1 Softgel Se	Servings Per Container 30	
Ai	mount Per Serving	% DV
Ubiquinol (Kaneka QH®)	100 mg	*
Pomegranate (Punica granatum) Extract	t (fruit) 250 ma	*

* Daily Value not established.

Other Ingredients: Medium chain triglycerides, beeswax, rosmarinic acid, vitamin E, and ascorbyl palmitate. Softgel consists of gelatin, glycerin, water and annatto (as a light barrier).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Particle formation inside softgel is normal and dissolves after ingestion. Kaneka QH^{\otimes} is a registered trademark of the Kaneka Corporation of Japan.



Jarrow Formulation

Superior Nutrition and Formulation

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com



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Lot #. Best Used Before: