

**USAGE:** Take 1 softgel per day with a meal or as directed by your qualified healthcare professional.

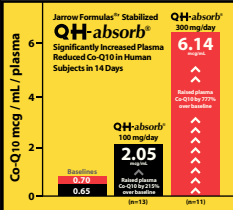
Ubiquinol is the reduced (active antioxidant) state of Co-Q10, the form produced by our cells and is significantly better absorbed as a supplement, particularly as we age.

Jarrow Formulas® QH-absorb® is a proprietary enhanced-stability formula, which has been clinically shown in humans to increase Co-Q10 levels up to 777% over baseline at 300 mg per day intake.

**Keep out of the reach of children.**

Particle formation inside softgel is normal and dissolves after ingestion.

Lot #. Best Used Before:



**QH-absorb® 100 mg per day raised Co-Q10 by 215% and 300 mg per day raised Co-Q10 by 777% over baseline in humans.**

**Jarrow**  
FORMULAS®

Reduced Form Co-Q10

**Larger  
Size**

**Ubiquinol**  
**QH-**  
**absorb®**



High Absorption / Enhanced Stability

**200**  
MILLIGRAMS

**60**  
SOFTGELS

**DIETARY  
SUPPLEMENT**

## Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

|                        | Amount Per Serving | % DV |
|------------------------|--------------------|------|
| Ubiquinol (Kaneka QH®) | 200 mg             | *    |

\* Daily Value not established.

Other Ingredients: Medium chain triglycerides, phosphatidylcholine (from soy lecithin), beeswax, rosemary extract, vitamin E and ascorbyl palmitate. Softgel consists of gelatin, glycerin and water. Caramel and carob extract added as a light barrier.

**Contains: Soy.**

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Kaneka QH® is a registered trademark of the Kaneka Corporation of Japan.



Distributed Exclusively by:  
**Jarrow FORMULAS®**  
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