

Suggested Use: For maintenance, take 1 capsule orally per day and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

Keep refrigerated.

Keep out of the reach of children. † Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: Best Used Before.

Jarrow
FORMULAS®

VAGINAL/URINARY
TRACT HEALTH*

women's
**fem
dophilus®**

ORAL PROBIOTIC
SUPPLEMENT

30
CAPSULES

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 30
	Amount Per Serving % DV
Total Probiotic Bacteria	5 Billion cfu *
<i>Lactobacillus rhamnosus</i> , GR-1®†	
<i>Lactobacillus reuteri</i> , RC-14®†	
* Daily Value not established.	

Other Ingredients: Dextrose anhydrate, potato starch, cellulose and magnesium stearate (vegetable source). Capsule consists of gelatin and titanium dioxide.

Contains: Dairy (casein, in trace amounts).

No wheat, no gluten, no soybeans, no egg, no fish/shellfish, no peanuts/tree nuts.

02514FEM
PROD # 103005



Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

GR-1®/RC-14® and VAGINAL FLORA

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic + antibiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (antibiotic only) group experienced similar improvement.



Martinez, et al. Improved cure of bacterial vaginosis with single dose of tinidazole (2 g), *Lactobacillus rhamnosus* GR-1®, and *Lactobacillus reuteri* RC-14®: a randomized, double-blind, placebo-controlled trial. *Can J Microbiol* 2009;55:133-138

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Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1® and *Lactobacillus reuteri*, RC-14®, discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

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Jarrow Formulas® puts the "PRO" in probiotics®

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Jarrow
FORMULAS®

women's
**fem
dophilus®**

VAGINAL/URINARY TRACT HEALTH*

25+
YEARS OF
RESEARCH/CLINICAL STUDIES**

PATENTED STRAINS
LACTOBACILLUS RHAMNOSUS GR-1®
and **LACTOBACILLUS REUTERI RC-14®**

30
CAPSULES
ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule	Servings Per Container 30
	Amount Per Serving % DV
Total Probiotic Blend	5 Billion viable cells *
Composed of the following strains: <i>Lactobacillus rhamnosus</i> , GR-1®† <i>Lactobacillus reuteri</i> , RC-14®†	
* Daily Value not established.	

Other Ingredients: Dextrose anhydrate, potato starch, cellulose and magnesium stearate (vegetable source). Capsule consists of gelatin and titanium dioxide.

Contains: Dairy (casein, in trace amounts).

No wheat, no gluten, no soybeans, no egg, no fish/shellfish, no peanuts/tree nuts.

Keep Refrigerated.

Distributed Exclusively by:
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5 Billion viable cells per capsule when kept refrigerated and within Best Used Before Date.

RC-14® and GR-1® are Trademarks of Chr. Hansen A/S.

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** 25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES

