



Phytoestrogen Complex

one a day
herbal complex

hormonal support[†]

60 Capsules • Dietary Supplement

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Soy Bean Extract (NovaSoy®)(seed) std. to 40% Isoflavones (60 mg)	150 mg	*
Mexican Wild Yam Extract (<i>Dioscorea villosa</i>)(root) std. to 3.7% Diosgenin (7.4 mg)	200 mg	*
Black Cohosh Extract (<i>Cimicifuga racemosa</i>)(root)	40 mg	*
Dong Quai (<i>Angelica sinensis</i>)(root)	40 mg	*

* Daily Value not established.

Other ingredients: Microcrystalline cellulose, gelatin, ginger root, licorice root, saw palmetto powder, pygeum bark extract, magnesium stearate.

Contains: Soy.

Does not contain: Yeast, Wheat, Gluten, Sugar, Salt, Dairy, Citrus, Fish, Preservatives or Artificial Flavors.

DIRECTIONS: As a dietary supplement, take one (1) capsule daily, preferably with a meal.

WARNING: Not to be used by pregnant or nursing women. Consult your healthcare provider prior to use if you are taking any medication or have any medical conditions.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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