

Suggested Use: For maintenance, take 1 capsule orally per day and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

Keep refrigerated.
Keep out of the reach of children.
† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 00/35465 patent family, and others.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: Best Used Before:

Jarrow
FORMULAS®

VAGINAL/URINARY
TRACT HEALTH*

WOMEN'S
**fem
dophilus®**

ORAL PROBIOTIC
SUPPLEMENT

60
CAPSULES

Supplement Facts

Serving Size 1 Capsule	Amount Per Serving	% DV
Total Probiotic Bacteria	5 Billion cfu	*
<i>Lactobacillus rhamnosus</i> , GR-1®†		
<i>Lactobacillus reuteri</i> , RC-14®†		
* Daily Value not established.		

Other Ingredients: Dextrose anhydrous, potato starch, cellulose and magnesium stearate (vegetable source). Capsule consists of gelatin and titanium dioxide.

Contains: Dairy (casein, in trace amounts).

No wheat, no gluten, no soybeans, no egg, no fish/shellfish, no peanuts/tree nuts.

02514FEM60
PROD # 103030



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

GR-1®/RC-14® and VAGINAL FLORA

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic + antibiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (antibiotic only) group experienced similar improvement.



Martinez, et al. Improved cure of bacterial vaginosis with single dose of tinidazole (2 g), *Lactobacillus rhamnosus* GR-1®, and *Lactobacillus reuteri* RC-14®: a randomized, double-blind, placebo-controlled trial. *Can J Microbiol* 2009;55:133-138

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Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1® and *Lactobacillus reuteri*, RC-14®, discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote healthy vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

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Jarrow Formulas® puts the "PRO" in probiotics®

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Jarrow
FORMULAS®

WOMEN'S
**fem
dophilus®**

VAGINAL/URINARY TRACT HEALTH*

25+ YEARS OF
RESEARCH/CLINICAL STUDIES**

PATENTED STRAINS
LACTOBACILLUS RHAMNOSUS GR-1®
and **LACTOBACILLUS REUTERI RC-14®**

60
CAPSULES

ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

	Amount Per Serving	% DV
Total Probiotic Blend	5 Billion viable cells	*
Composed of the following strains:		
<i>Lactobacillus rhamnosus</i> , GR-1®†		
<i>Lactobacillus reuteri</i> , RC-14®†		
* Daily Value not established.		

Other Ingredients: Dextrose anhydrous, potato starch, cellulose and magnesium stearate (vegetable source). Capsule consists of gelatin and titanium dioxide.

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Keep Refrigerated.

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5 Billion viable cells per capsule when kept refrigerated and within Best Used Before Date.

RC-14® and GR-1® are Trademarks of Chr. Hansen A/S.

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25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES

