

America's Obsession with Sugar: The Not So Sweet Truth

We consume over 22 teaspoons (350 calories) of sugar every day both from table sugar and refined sugars hidden in processed foods and beverages! This overconsumption of sugar has led to a nationwide increase in unhealthy weight gain.



Why Do We Crave Sugar?

Sugar stimulates the release of certain chemicals in the brain that produce a calming, feel-good sensation, causing many people to experience a 'natural high' after eating something sweet. However, too much sugar triggers a sugar crash, which leads to a side effect of increasing your appetite rather than satisfying it.

Sugar overconsumption can lead to:

- Intestinal Flora Imbalance
- Blood Sugar Imbalance
- Stress & Mood Swings
- Lack of Energy
- Weight Gain
- Fatigue

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MAKE SUGAR CRAVES BEHAVE!

Crave Be GONE is a great-tasting, natural approach to help control cravings for sugar and other refined carbohydrates.* The beneficial ingredients in Crave Be GONE work synergistically to calm cravings produced in the brain and promote healthy blood sugar levels.*

- **L-glutamine** Helps naturally rebuild levels of the brain's calming neurotransmitter GABA. It has also been shown to help maintain healthy blood sugar levels.*
- **DLPA** Known to increase endorphin activity in the brain, producing a calming effect to help ease stress associated with cravings.*
- **5-HTP** Assists with serotonin production. Low serotonin levels can spike sugar and carb cravings. Has been shown to help balance emotions and improve sleep.*
- **Polyphenols** Antioxidant-rich compounds from cinnamon that promote glucose (sugar) metabolism and support healthy blood sugar levels.*
- **Vital Nutrients** Chromium, manganese and Vitamin B6 to further help make those cravings behave.*

ReNew Life recommends:

To jumpstart your weight loss experience, particularly for those with occasional constipation, try:

DIETStart Cleanse

2-week program to jumpstart weight loss*

- ✓ Helps increase lean body mass*
- ✓ Promotes using stored fat for energy*

For a Natural Weight Loss Solution, try:

Total DIET Success

3 Ways to Weight Loss Success*

- ✓ Helps Reduce Appetite*
- ✓ Promotes Calorie Burning*
- ✓ Enhances Fat Metabolism*



MAKE SUGAR CRAVES BEHAVE!

Supports Your
Weight Loss Plan

Crave Be GONE

Crave Control Solution

Helps
Control Sugar
and Carb Cravings*

Promotes
Healthy Blood
Sugar Balance*

Natural
Tangerine Splash
Flavor

60 Tasty
Chewable Tablets

Dietary Supplement

Contains no GMOs, yeast, wheat, gluten, soy, dairy, animal products, preservatives or artificial ingredients

Crave Be GONE is formulated by Brenda Watson C.N.C., president of ReNew Life Formulas and among the foremost experts today on natural digestive care and nutrition. Brenda has found the ingredients in Crave Be GONE to help control carbohydrate and sugar cravings and promote healthy blood sugar and successful weight management.



Brenda Watson, C.N.C.

Supplement Facts

Serving Size: 2 Chew Tabs Servings per Container: 30

	Amount per Serving	%DV**
Calories	15	
Calories from Fat	5	
Total Fat	0.5 g	<1%
Trans Fat	0 g	---
Total Carbohydrate	3 g	1%
Xylitol	3 g	---
Protein	0.7 g	1%
Vitamin B ₆ (as pyridoxine HCl)	10 mg	500%
Manganese (as manganese carbonate)	10 mg	500%
Chromium (as chromium nicotinate)	200 mcg	167%
Crave Be Gone Blend	800 mg	
L-Glutamine	---	---
DLPA (DL-Phenylalanine)	---	---
5-HTP (5-Hydroxytryptophan)	---	---
Cinnamon Extract bark	---	---

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
*** Daily Value not established

Other ingredients: Natural flavor & fruit juice, vegetable stearine, maleic acid, vegetable stearate, silica

Directions: Chew two tablets as needed with a full glass of purified water. May repeat up to 3X per day.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Do not use this product if you are pregnant or nursing. Consult your physician before using this or any product if you are trying to conceive, taking medication or have a medical condition. **Notice:** Should not be used by phenylketonurics (PKU). Those taking prescribed antidepressant SSRIs, MAOI inhibitors or sedatives should consult a health professional before using.

Store in a dry place at 55-65°F (15-30°C). Manufactured in a GMP facility

Quality and Purity Guaranteed

Distributed by: ReNew Life Formulas® Palm Harbor, FL 34683
Questions? Call 1-800-830-1800 • Email: support@renewlife.com
or visit our website at: www.renewlife.com and 800-830-1800

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TAMPER EVIDENT: DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

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