**USAGE:** Take 2 tablets 1 to 2 times per day or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

The adrenal glands produce hormones that underlie the body's mechanisms for coping with physical and mental stress. Overtraining in athletics, chronic anxiety, worry, nervous tension and other factors associated with excessive cortisol release are linked to adrenal exhaustion and fatigue. Over-reliance on caffeine and other stimulants also taxes the adrenals.

Jarrow Formulas® Adrenal Optimizer® combines important nutrients and nutraceuticals that support adrenal health.¹ Vitamin C, DMAE and pantothenic acid participate in the synthesis and release of adrenal hormones.¹ Adrenal Optimizer® works best when combined with adequate rest and sound nutrition.\*

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

01514ADREN PROD # 129032



Distributed Exclusively by:

Jarrow FORMULAS®
Superior Nutrition and Formulation®
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Los Angeles, CA 90035-4317

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Jarrow

## Adrenal Optimizer<sup>®</sup>

Supports Adrenal Renewal\* and Stress Reduction\*

120 DIETA

SENSORIL

Supplement Facts		
Serving Size 2 Tablets	Servings Per Con	tainer 6
Amou	nt Per Serving	% D'
Vitamin C (as calcium ascorbate)	100 mg	1679
Vitamin B <sub>5</sub> (as calcium d-pantothenate)	250 mg	2500%
Chamomile Flower Extract (Matricaria recut	ita) 125 mg	*
Shatavari (Asparagus racemosus) (root)	100 mg	*
Gotu Kola (Centella asiatica) (leaves)	100 mg	*
Rhodiola Rosea Root Extract	100 mg	*
Eleuthero Root Extract (Eleutherococcus sentido	cosus) 100 mg	*
Licorice Root Extract (Glycyrrhiza glabra, 4:	1) 100 mg	*
Sensoril® Ashwagandha Root and Leaf Ext (Withania somnifera)	ract 100 mg	*

Schizandra Berry Extract (Schisandra chinensis)

DMAE (from DMAE Bitartrate)

\* Daily Value not established.

Other Ingredients: Cellulose, calcium phosphate, stearic acid (vegetable source), silicon dioxide, magnesium stearate (vegetable source) and a food grade coating.

80 ma

25 mg

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Sensoril® is protected under U.S. Patent # 6,713,092 and is a registered trademark of Natreon, Inc.