

Indications:

Magnesium citrate is a well-absorbed source of magnesium for dietary supplementation. Helps the body to metabolize carbohydrates, fats, and proteins. Helps development and maintenance of bones and teeth. Helps maintain muscle and vascular function. May assist in reducing migraine frequency. Relief of muscular cramps and spasms. Relief of premenstrual symptoms.

Directions for use:

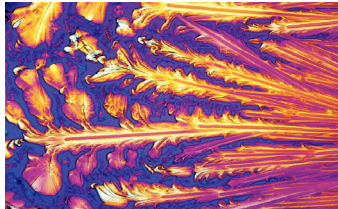
Adults take 1-4 capsules daily with food or as prescribed by your health-care practitioner.

If symptoms persist consult your health-care practitioner.



THORNE

R E S E A R C H



MAGNESIUM CITRATE

Each Capsule Contains: Magnesium Citrate 866 mg
Equivalent to 140 mg of elemental Magnesium

90 CAPSULES
AUST L 199072

Each capsule contains:
Magnesium Citrate 866 mg

Do not use if seal around cap is broken or missing.
Bottle sealed under cap for your protection.

Store at 25°C
Made in the USA

NutriForce Pty Ltd
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AUM234
LAUM23407