

Folic Acid is an essential B Vitamin that supports heart health.* In addition, women who consume healthful diets with adequate folic acid may reduce their risk of having a child with birth defects of the brain or spinal cord.

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 1403 B1400 10E

NATURE'S  BOUNTY®

Folic Acid

400mcg
Promotes
Cardiovascular
Health*



250 tablets VITAMIN SUPPLEMENT

DIRECTIONS: For adults, take one (1) to two (2) tablets daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Folic Acid	400 mcg	100%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Maltodextrin, Vegetable Stearic Acid, Croscarmellose, Silica, Vegetable Magnesium Stearate.

Suitable for Vegetarians

No Artificial Color, Flavor or Sweetener,
No Preservatives, No Sugar, No Starch, No Milk,
No Lactose, No Soy, No Gluten, No Wheat, No Yeast,
No Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Carefully Manufactured by
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Bohemia, NY 11716 U.S.A.
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