

Suggested Use: Adults, take one (1) or two (2) tablets 20 minutes before meals with a full glass of water three (3) times daily, or as recommended by a health care professional.

Uso Sugerido: Adultos tomar una (1) o dos (2) tabletas 20 minutos antes de la comida, con un vaso lleno de agua, tres (3) veces al día o como sea recomendado por su profesional del cuidado de la salud.

Warning: Chitosan contains shellfish, individuals with allergies to shellfish should not consume this product. Avoid taking prescription medications one (1) hour before or after taking this product.

STORE IN A COOL, DRY PLACE AWAY FROM DIRECT HEAT, SUNLIGHT AND MOISTURE • KEEP OUT OF THE REACH OF CHILDREN

TAMPER RESISTANT - DO NOT USE IF SEAL IS DAMAGED OR MISSING

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Only Natural, Inc.
Island Park, NY 11558 U.S.A.

**Made in
USA**

The Exclusive Distributor of Only Natural, Inc. Supplements.
www.onlynaturalinc.com • 516-897-7001

ONLY NATURAL

Est.1986

CHITOSAN FAT BLOCKER™

**Helps prevent the metabolism of fats
and decreases cholesterol absorption***

Dietary Supplement • 90 Tablets

Supplemental Facts

Serving Size: one (1) tablet
Each serving supplies:

Amount Per Serving	%Daily Value	
Chitosan	500 mg	**
Psyllium Seed Husk (<i>Plantago ovata</i>)	500 mg	**
Soy Fiber	75 mg	**

Inactives: dicalcium phosphate, cellulose, silicon dioxide, magnesium stearate, stearic acid, pharmaceutical glaze

**Daily value not established

% Daily value based on 2,000 calorie diet

GUARANTEED FREE OF: yeast, corn, wheat, gluten, milk, salt, sugar, starch, preservatives, artificial flavor & color

UPC CODE
7-27413 00735-7