

Maximum Weight Gain Formula!

BIG MAX is a concentrated weight gaining formula. We have formulated this product with only the finest proteins, carbohydrates and nutrients available. We also made sure that we did not add any unnecessary fat, sodium or fillers.

MM Sports Nutrition believes in manufacturing products that do not contain unnecessary fats, processed sugars, cholesterol, sodium or unnecessary ingredients. That's why our products are so easy to digest and assimilate, because they are made with natural and wholesome ingredients.

BIG MAX can be mixed with milk, fruit juice, yogurt, fruit, peanut butter or almonds to create a delicious shake that will exceed 1000 calories.

Do not be misled by deceptive products that have 2500 calories and only 6 or 7 servings per container. Your body cannot assimilate 2500 calories effectively. Break your meals or supplements down to no more than 600 to 1200 calories per serving. For effective weight gain we recommend taking a serving every 3-4 hours.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Concentrated Lean Muscle Gainer¹



BIG MAX

Rich Chocolate

- **Superior Whey Protein Concentrate/
Whey Protein Isolate Blend**
- **Fortified with 24 Vitamins & Minerals**
- **Mixes Easily to Exceed 1000 Calories**
- **No Added Fat, Sodium or Fillers**

DIETARY SUPPLEMENT / NET WT. 64 OZ. (4LBS) 1,816G

DIRECTIONS: As a dietary supplement, mix 4 scoops with water, milk, fruit juice, or your favorite beverage. Adding ice, whole fruit, peanut butter or almonds can create a delicious shake that will exceed 1,000 calories. For effective weight gain consume every 3-4 hours.

Supplement Facts

Serving Size: 4 Scoops (Approx. 152g)
Servings Per Container: 12

Calories: 590 Calories from Fat: 45

	Amount Per Serving	% DV*
Total Fat	5 g	7%
Saturated Fat	3.5 g	17%
Trans Fat	0 g	**
Cholesterol	45 mg	14%
Sodium	210 mg	9%
Total Carbohydrate	109 g	36%
Dietary Fiber	3 g	10%
Sugars	26 g	**
Protein	27 g	54%

Vitamin A.....50%	Vitamin B6.....50%	Iodine.....50%
Vitamin C.....50%	Folate.....50%	Magnesium.....50%
Vitamin D.....50%	Vitamin B12.....50%	Zinc.....50%
Vitamin E.....50%	Biotin.....50%	Selenium.....50%
Vitamin K.....50%	Pantothenic Acid.....50%	Copper.....50%
Thiamin.....50%	Calcium.....50%	Manganese.....50%
Riboflavin.....50%	Iron.....50%	Chromium.....50%
Niacin.....50%	Phosphorus.....50%	Molybdenum.....50%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

	Calories	2000	2500
Total Fat	Less Than	65 g	80 g
Saturated Fat	Less Than	20 g	25 g
Cholesterol	Less Than	300 mg	300 mg
Sodium	Less Than	2400 mg	2400 mg
Potassium	Less Than	3500 mg	3500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories Per Gram Fat 9 - Carbohydrate 4 - Protein 4

INGREDIENTS: Maltodextrin, Proprietary Protein Blend (Whole Milk Solids, Whey Protein Concentrate, Soy Protein Isolate, Whey Protein Isolate), Fructose, Dextrose, Dutch cocoa, Vitamin and Mineral Premix (Potassium Phosphate Di-Basic, Calcium Carbonate, Magnesium Aspartate, Choline Bitartrate, Di-Calcium Phosphate, Ascorbic Acid, Vitamin E Acetate, Iron Amino Acid Chelate, Niacinamide, Zinc Oxide, Manganese Sulfate, Copper Gluconate, Selenium Amino Acid Complex, Potassium Iodide, D-Calcium Pantothenate, Sodium Molybdate, Folic Acid, Biotin, Vitamin K1, Pyridoxine HCl, Riboflavin, Thiamin HCl, Cholecalciferol, Vitamin A Acetate, Chromium Complex, Cyanocobalamin), Natural and Artificial Flavors.

CONTAINS: Milk and soy.

Manufactured in a facility that processes milk, egg, Crustacean shellfish, tree nuts, wheat and soybeans.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.



To report a serious adverse event, contact:
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