

NUTRITIONAL WOMEN'S HEALTH SUPPORT

Regu-Fem™ is for pre-menopausal
and post-menopausal support.

Suggested Use:
1 capsule two times daily
or as directed by your physician.



Naturally Grown
Himalayan Herbs



In-house Manufactured
to ensure Purity



Third Party Tested
for Heavy Metals

www.ruved.net

REGU-FEM
642392000543

DO NOT USE IF SEAL IS BROKEN.

Warning: If pregnant, consult your physician
before using this or any other product.

Keep Away From Reach Of Children

Please report any adverse event
or reaction to 425.637.1400

Distributed by Ayush Herbs® Inc. USA
R-U·VED® Inc. is a subsidiary of Ayush Herbs® Inc.
2239 152nd Avenue NE Redmond, WA 98052



R·U·VED®
ancient wisdom, modern lifestyle

New Look. Same Quality Product.

Regu-Fem™

Women's Health Support



60
Vegetarian Capsules
Non-Dairy Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Extracts of :	Amount per Capsule	%DV
Bamboo (<i>Bamboo manna</i>)	Proprietary	*
Black Cohosh (<i>Cimicifuga racemosa</i>)	blend	*
Coral Powder	totaling 100mg	*
Stemmed Vine (<i>Cissus quadrangularis</i>)		*
Arjuna (<i>Terminalia arjuna</i>)	100mg	*
Ashoka (<i>Saraca indica</i>)	100mg	*
Sitawari (<i>Asparagus racemosa</i>)	100mg	*
Wild yam (<i>Dioscorea villosa</i>)	100mg	*

Percent daily values are based on a 2000 calorie diet
*Daily value not established

Other ingredients: Vegetarian Capsule (Cellulose
and Chlorophyll). Free from Milk, Soy, Egg and Wheat.

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.