

NUTRITIONAL IMMUNE SUPPORT

Holy Basil comes from the sacred plant, *Ocimum sanctum*, which has adaptogenic properties, supporting the body's ability to adapt to stress, even during physical exercise.

Suggested Use:

1 capsule two times daily
or as directed by your physician.



Naturally Grown
Himalayan Herbs



In-house Manufactured
to ensure Purity



Third Party Tested
for Heavy Metals

www.ruved.net

DO NOT USE IF SEAL IS BROKEN.

Warning: If pregnant, consult your physician
before using this or any other product.

Keep Away From Reach Of Children

Please report any adverse event
or reaction to 425.637.1400

Distributed by Ayush Herbs® Inc. USA
R-U-VED® Inc. is a subsidiary of Ayush Herbs® Inc.
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HOLY BASIL

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R·U·VED®

ancient wisdom, modern lifestyle

New Look. Same Quality Product.

Holy Basil

Immune Support



60

Vegetarian Capsules
Non-Dairy Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Extract of:	Amount per Capsule	% Daily Value
Holy Basil (<i>Tulsi</i>) (<i>Ocimum sanctum</i>)	500 mg	*

Percent daily values are based on a 2000 calorie diet
*Daily value not established

Other ingredients: Vegetarian Capsule (Cellulose
and Chlorophyll). Free from Milk, Soy, Egg and Wheat.

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.