



**THORNE  
RESEARCH**

Pure Ingredients, Trusted Results

# VegaLite™

Plant-Based Performance Protein Complex  
**CHOCOLATE**

Gluten-Free • Soy-Free • No Artificial Sweeteners

**NET WT. 1.1 OZ. (32.4 G.)**

**DIETARY SUPPLEMENT**



## Supplement Facts

Serving Size: 1 Packet (32.4 g)

Servings Per Container: 1

| One Packet (32.4 g) Contains: |        | % DV |
|-------------------------------|--------|------|
| Calories                      | 125    |      |
| Calories from Fat             | 20     |      |
| Total Fat                     | 2.5 g  | 4%*  |
| Saturated Fat                 | 0.5 g  | 3%*  |
| Trans Fat                     | 0 g    | **   |
| Cholesterol                   | 0 mg   | 0%   |
| Sodium                        | 420 mg | 17%* |
| Total Carbohydrate            | 5 g    | 2%*  |
| Dietary Fiber                 | 0 g    | 0%   |
| Sugars                        | 2 g    | **   |
| Protein                       | 21 g   | 42%* |
| Proprietary Blend†            | 23 g   |      |
| Pea Protein Isolate           |        | **   |
| Rice Protein                  |        | **   |

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established.

Other Ingredients: Cocoa, Flavors, Evaporated Cane Juice Sugar, Sodium Chloride, Stevia extract (leaf) (Rebaudioside A 95%), Silicon Dioxide.

Suggested Use: Mix one packet of powder with 10 oz. of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if package is sealed.

If pregnant, consult your health-care practitioner before using this product.

Store tightly sealed in a cool, dry place.

†VegaLite, Thorne's trade name for proprietary pea / rice protein blend.

Typical Amino Acid Amounts (g) Per Serving:

|                |     |
|----------------|-----|
| Alanine        | 0.9 |
| Arginine       | 1.8 |
| Aspartic Acid  | 2.3 |
| Cysteine       | 0.2 |
| Glutamic Acid  | 3.4 |
| Glycine        | 0.8 |
| Histidine      | 0.5 |
| Isoleucine▲    | 1.0 |
| Leucine▲       | 1.7 |
| Lysine▲        | 1.5 |
| Methionine▲    | 0.2 |
| Phenylalanine▲ | 1.1 |
| Proline        | 0.9 |
| Serine         | 1.0 |
| Threonine▲     | 0.8 |
| Tyrosine       | 0.8 |
| Valine▲        | 1.1 |

▲ Essential Amino Acid



Manufactured By: Thorne Research, Inc.  
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