Creamy, Smooth & Delicious

Gourmet Pro™ is specially formulated with a unique multifunctional blend of nutrients to maximize your daily needs:

- **Multi-Max™ Protein:** Packed with 40 grams of a proprietary multi-source protein blend delivering long, medium and short chain amino acids.
- **Crea-Drive™:** Delivers 5 grams of creatine and creatine precursors. Glycine, Methionine and Arginine supports creatine production, while pure creatine monohydrate assures your muscles are immediately fueled with creatine for fast results.*
- **Colostro-Max™:** Bovine colostrum is a special protein source identical to mother's first milk. Colostrum delivers high concentrations of nutrients for the rapid growth and development of newborn babies. Colostrum helps to naturally build antibodies to support the development of a strong immune system.†
- **Glutamine and Glycine:** Supports natural growth hormone production. A balance of growth hormone is important to maintain healthy weight-management, sustained energy and muscle preservation. Glutamine, the main amino acid found in muscle plays a vital role in maintaining muscle and immune health. Glycine helps the body synthesize glucose to optimize energy and endurance.†
- **Vitamins & Minerals:** Many of us do not consume the foods necessary to deliver the adequate daily vitamins and minerals naturally found in fruits and vegetables. **Gourmet Pro™** delivers 26 vitamins and minerals to guarantee you get the nutrients you need.†
- **Essential Fats:** Low carb diets can leave you feeling hungry and tired. We added 9 grams of special healthy fats so you feel energized, full and most important satisfied.†

Gourmet Pro™ is one of the best tasting, supercharged, energy enhancing, specialized proteins on the market. We know it will help you get to the next level in your fitness goals.†

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

70-05-008 13513

HIGH PROTEIN, LOW-CARB SHAKE

Gourmet Pro™

AWARD WINNING TASTE!

Vanilla Caramel Swirl

NEW & IMPROVED FORMULA!

- **40 g MULTI-MAX™ PROTEIN PER SERVING!**
- CREA-DRIVE™ MAXIMIZES CREATINE SATURATION†
- **COLOSTRO-MAX™ FOR GROWTH & IMMUNE SUPPORT†**
- SUPPORTS GH & RECOVERY†

DIETARY SUPPLEMENT • NET WT. 3 LBS (1362 G)

Supplement Facts

Serving Size: Two (2) Scoops (70 g) **Servings Per Container:** 18 (Approx.)

Amount Per Serving	% DV*
Calories	320
Calories from Fat	80
Total Fat	9 g	14%
Saturated Fat	1 g	5%
Trans Fat	0 g	**
Cholesterol	90 mg	30%
Total Carbohydrate	18 g	6%
Dietary Fiber	5 g	20%
Sugars	0 g	**
Protein	40 g	80%
Vitamin A	12900 IU	258%
Vitamin C	15 mg	25%
Vitamin D	100 IU	25%
Vitamin E	7.5 IU	25%
Thiamin (B1)	0.375 mg	25%
Riboflavin (B2)	0.425 mg	25%
Niacin (B3)	5 mg	25%
Pyridoxine (B6)	0.5 mg	25%
Folic Acid	100 mcg	25%
Cyanocobalamin (B12)	1.5 mcg	25%
Biotin (B7)	75 mcg	25%
Pantothenic Acid (B5)	2.5 mg	25%
Calcium	250 mg	25%
Iron	4.5 mg	25%
Phosphorus	250 mg	25%
Iodine	37.5 mcg	25%
Magnesium	100 mg	25%
Zinc	3.75 mg	25%
Selenium	17.5 mcg	25%
Copper	0.5 mg	25%
Manganese	0.5 mg	25%
Chromium	30 mcg	25%
Molybdenum	18.75 mcg	25%
Chloride	850 mg	25%
Sodium	390 mg	16%
Potassium	690 mg	20%
Crea-Drive™ Blend (L-Glycine and Creatine Monohydrate)	5 g	**
L-Glutamine	1 g	**
L-Taurine	500 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

DIRECTIONS: As a dietary supplement, take 2 scoops mix in a blender or shaker cup with 8-16 oz of water or any beverage of your choice. Vary the amount of liquid to achieve your desired consistency. Consume 1-3 times daily to optimize your protein intake. Try adding ice, fresh or frozen fruit, yogurt or ice cream in a blender to make a great tasting shake.

INGREDIENTS: Multi-Max Proprietary Protein Blend [Whey Protein Concentrate, Whole Milk Solids, Bovine Colostrum], Dextrose, L-Glycine, Sunflower Seed Oil Powder, Natural Vanilla Bean Flavor, Vitamin & Mineral Mix [Di Potassium Phosphate, Di Calcium Phosphate, Magnesium Aspartate, Ascorbic Acid (Vitamin C), Niacinamide, Retinyl Palmitate (Vitamin A), Cholecalciferol (Vitamin D3), dL Alpha Tocopheryl Acetate (Vitamin E), Ferric Orthophosphate (Iron), Zinc Oxide, D Calcium Pantothenate (Vitamin B5), Pyridoxine HCl (Vitamin B6), Copper Gluconate, Riboflavin (Vitamin B2), Thiamine Mononitrate (Vitamin B1), Manganese Sulfate, Folic Acid, Biotin, Chromium Polynicotinate, Potassium Iodide (Iodine), Sodium Molybdate (Molybdenum), Sodium Selenite (Selenium), Cyanocobalamin (Vitamin B12)], Creatine Monohydrate, L-Glutamine, Oat Bran Fiber, Cellulose Gum, Vanilla Ice Cream Flavor, Sodium Chloride, Soluble Fiber, L-Taurine, Coconut Cream Flavor, Sucralose Sweetener, Bavarian Cream Flavor, Acesulfame K.

CONTAINS: Milk.
Manufactured in a facility that processes milk, egg, fish, crustacean shellfish, tree nuts, wheat and soybeans.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

This product is intended for use as a food supplement only. Not a sole source of nutrition.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, under 18 years of age or have a medical condition.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Gourmet Pro™, an ultra-creamy high protein taste sensation. Don't let the milk shake taste fool you, this is a powerful daily nutritional supplement. Registered Dietitians agree a high protein/low carb diet supports weight management.†

USA

To report a serious adverse event, contact:
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