

## SUPERIOR BIOAVAILABILITY & MUSCLE RECOVERY<sup>1</sup>

- HIGHLY BIOLOGICAL AVAILABLE PROTEIN<sup>1</sup> • IMMUNE SUPPORT<sup>1</sup>
- GH SUPPORT<sup>1</sup> • MAXIMIZE MUSCLE RECOVERY<sup>1</sup>

As the newest addition to the Extreme Series, Max Muscle is proud to introduce *Iso-Extreme Advanced Whey Protein Isolate*. This great tasting Whey Protein Isolate supplement contains the highest concentrated percentage of whey polypeptides available (over 90% pure) manufactured by a cross-flow ultrafiltration and advanced microfiltration process. *Iso-Extreme* provides 30 grams of highly biological available protein per serving with very little, if any, fat and lactose! The Product Development Team at Max Muscle Sports Nutrition has specialized in high quality protein supplements for over a decade, and *Iso-Extreme* takes it to the next level. Whey Protein Isolates contain a superior amino acid profile, highly soluble in liquids and has a rapid absorption rate. In fact, since the protein is already pre-digested and primarily in the peptide form, absorption would usually take less than 2 hours after ingestion.<sup>1</sup> *Iso-Extreme* is ideal for both pre- and post-workouts or during the day to be assured a continuous and adequate amount of amino acids.<sup>1</sup> *Iso-Extreme* mixes easily and comes in three great flavors.

Whey Protein Isolate is a complete protein containing all of the essential amino acids. It is uniquely rich in certain amino acids, particularly the branched-chain amino acids (BCAAs), leucine, valine and isoleucine which are readily oxidized as an energy source during stress and may help delay fatigue during endurance exercise. Max Muscle's *Iso-Extreme Advanced Whey Protein Isolate* also contains bioactive precursors for the production of intracellular glutathione, a powerful antioxidant and detoxifying agent. *Iso-Extreme* also contains glycine to support the synthesis of creatine and growth hormone production and exercise recovery.<sup>1</sup>

Please read all warnings and directions before taking this product. Consult a Physician before starting any diet and exercise program and before using this product. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. Improper use of this product may be hazardous to a person's health. Drink at least 2 liters of water daily when using this product.

KEEP OUT OF REACH OF CHILDREN.  
STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT.  
ALWAYS KEEP TIGHTLY SEALED.



These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

EXTREME  
ORANGE CRUSH  
FLAVOR!



# Iso-Extreme

Advanced Whey  
Protein Isolate<sup>1</sup>

30g PROTEIN  
PER SERVING!

RAPID  
RESPONSE  
TECHNOLOGY

DIETARY SUPPLEMENT POWDER  
2.5 LBS (1.135kg)

READ ENTIRE LABEL PRIOR TO USE

**Directions:** Mix two level scoops (approximately 40 g) with 10-12 ounces of water or juice. Shake or stir slowly to avoid excessive foaming. Try adding more or less water to adjust sweetness. Suggested use immediately before and/or after your workout preferably without food. Do not exceed 5 servings per day.

## Supplement Facts

Serving Size: Two (2) Scoops (Approx. 40g)

Servings Per Container: Twenty-Eight (28)

	Amount Per Serving	%DV*
Calories Per Serving:	143	
Calories from Fat:	0	
<b>Total Fat</b>	0.3g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
<b>Cholesterol</b>	0g	0%
<b>Sodium</b>	5mg	0%
<b>Potassium</b>	150mg	4%
<b>Total Carbohydrate</b>	5g	2%
Sugars	4g	**
Fiber	0g	0%
<b>Protein</b>	30g	60%
Vitamin A	0%	
Vitamin C	250%	
Calcium	17%	
Iron	1%	

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily value not established.

**Ingredients:** Microfiltered Whey Protein Isolate, Fructose, Citric Acid, Ascorbic Acid, Natural and Artificial Flavors (including FD & C Red No. 40, Yellow No. 5 & No. 6), Acesulfame Potassium, and Sucralose Sweetener.

**ALLERGY INFORMATION:** Contains whey protein (derived from milk). Manufactured in a facility that processes milk, soy, shellfish, egg, tree nuts and wheat.

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To report a serious adverse event, contact:  
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