



MUSCLE REPAIR*

TRAINING PERFORMANCE*

REV 200



GLUTA BLAST™ HIGHLIGHTS

DAILY USE OF THIS PRODUCT MAY HELP SUPPORT:

- Improved Immune Function*
- Improved Muscle Hydration*
- Increased Protein Synthesis*
- Improved Glycogen Levels*

The premature release of glutamine from skeletal muscle into circulation may be a signal indicating excessive muscle trauma.* The daily use of GLUTA BLAST™ may help elevate glutamine stores to offset catabolic muscle stress during training and help accelerate recovery time.*



Sustamine® is a Registered Trademark of KYOWA HAKKO BIO Co., Ltd. TRAACS® is a Registered Trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 5,888,553.



STRENGTH



HYDRATION



RECOVERY

AM	PRE	INTRA	POST	PM
	●	●	●	●



GLUTA BLAST™

ADVANCED RECOVERY BLEND*

MANDARIN
NATURALLY FLAVORED

DIETARY SUPPLEMENT
NET WT 8.04 OZ (228 g)



WARNING: Not intended for individuals under the age of 18. Always consult your physician before using this or any other dietary supplement. DO NOT USE IF PREGNANT OR NURSING. In the event of any adverse reaction discontinue use immediately and consult a physician. STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

NOTE: Contents may settle during shipping. SHAKE CONTAINER BEFORE USE. Moisture and humidity can cause clumping and discoloration. Stir contents before each use and SEAL IMMEDIATELY AFTER.

GLUTA BLAST™ CAN BE STACKED WITH CON-CRÊT

Manufactured for ProMera Health, LLC • 61 Accord Park Drive • Norwell, MA 02061
Manufactured in the U.S.A. from international and domestic ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Scoop (3.8g)
Servings Per Container 60

	Amount Per Serving	% Daily Value**
Vitamin B6 (as Pyridoxine Hydrochloride)	8 mg	400%
Glutamine Blend	3,060 mg	†
L-Glutamine, N-Acetyl L-Glutamine, L-Alanyl L-Glutamine (Sustamine™), TRAACS® Magnesium Glycinate Glutamine Chelate		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value Not Established

Other Ingredients: Citric Acid, Natural Flavors, Sucralose, Silicon Dioxide, and Yellow #6.

SUGGESTED USE: Adults, mix 1 serving (1 scoop) with 4 to 6 ounces of water 15 minutes prior to training. On intense training days additional servings (scoops) can be used during and post exercise, as well as prior to sleep. On non-training days continue using 1-2 servings (1-2 scoops) to help promote muscle recovery.*

GLUTA BLAST™ is uniquely designed to function as a "high performance" source of the amino acid L-Glutamine.* GLUTA BLAST™ is intended to provide athletes and bodybuilders with a complex consisting of 4 distinct types of L-Glutamine that help promote faster recovery and muscle building support.*

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